

# CITY OF INDIANOLA MAGAZINE

Summer, 2024

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## Holiday Closings 3rd Qtr 2024

All non-emergency city offices will be closed in observance of

**INDEPENDENCE DAY ★ THURSDAY, JULY 4**  
**LABOR DAY ★ MONDAY, SEPTEMBER 2**



## Seasonal Reminders



### Consumer Fireworks Permitted July 3 & July 4 from 9:00 am - 10:00 pm

and

**from 9:00 am on December 31  
to 12:30am on January 1**

**Handling and using fireworks can be dangerous  
and caution should be used at all times.**

Indianola City Ordinance 41.14 governs the use of fireworks in Indianola. City ordinances can be read here: [https://codelibrary.amlegal.com/codes/indianolaia/latest/indianola\\_ia/0-0-0-944](https://codelibrary.amlegal.com/codes/indianolaia/latest/indianola_ia/0-0-0-944)



## Noise Ordinance

Loud music is the most common violation of this ordinance. Whether in a residence or in a moving vehicle, music, if played loudly so as to impose on others, can result in the issuance of a citation. For special approved exemptions, a permit may be obtained from the Police Department.

### City of Indianola Magazine

is published quarterly by the City of Indianola, Iowa. It is mailed free of charge to every mailing address in the 50125 zip code.

Additional copies are available at IMU Customer Service, Indianola Activity Center, Indianola City Hall, Indianola Public Library and Indianola Wellness Campus.

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515.961.9420

## CONGRATULATIONS, SRO JAY HACKETT!



2023 EMPLOYEE OF THE YEAR

**CITY OF INDIANOLA  
MAYOR  
AND CITY COUNCIL**



Mayor  
Stephanie Erickson  
515-962-5300  
[serickson@indianolaiowa.gov](mailto:serickson@indianolaiowa.gov)



1st Ward  
Council Member  
Mellisa Sones  
515-961-5407  
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2nd Ward  
Council Member  
Ron Dalby  
515-961-9410  
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3rd Ward  
Council Member  
Steve Armstrong  
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[sarmstrong@indianolaiowa.gov](mailto:sarmstrong@indianolaiowa.gov)



4th Ward  
Council Member  
Christina Beach  
515-943-9999  
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At Large  
Council Member  
Josh Rabe  
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At Large  
Council Member  
Steve Richardson  
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[srichardson@indianolaiowa.gov](mailto:srichardson@indianolaiowa.gov)



**MAYOR'S MESSAGE**

The Indianola Mayor's Youth Council (MYC) recently identified a critical need among their high school peers: the establishment of a necessity pantry. Recognizing that many students were struggling to access essential items such as hygiene products, school supplies, and basic food, the MYC decided to take action. Their solution was to create a necessity pantry to provide these crucial resources.

The MYC members, in their regular meetings and through conversations with their peers, observed that financial constraints often left students without the means to obtain necessary items. This situation negatively impacted their ability to focus on their education and overall well-being. To address this issue, the council conducted surveys and gathered feedback to confirm the extent of the need. The results were compelling, revealing a significant number of students in dire need of basic essentials.

To kickstart the necessity pantry, the MYC organized Bike Fest, their annual fundraiser. This event brought the community together for a day of fun, cycling, and charity. Participants enjoyed various activities, from bike races and obstacle courses to family-friendly rides. The event not only raised

funds but also raised awareness about the importance of supporting students in need.

The Bike Fest was a tremendous success, thanks to the enthusiastic participation of the Indianola community. The funds raised were used to stock the necessity pantry with a wide range of items, including toiletries, non-perishable food, school supplies, and seasonal clothing. The pantry is now housed within the high school and managed by the high school nurse, Traci Brewer, ensuring that it remains a well-organized and accessible resource for students.

The necessity pantry operates discreetly, allowing students to obtain items without fear of embarrassment or stigma. This initiative has already made a significant impact, providing students with the essentials they need to thrive academically and personally. MYC, along with Nurse Brewer, continues to monitor and adapt the pantry to meet the evolving needs of the student body.

This project by the MYC not only addresses an immediate need but also fosters a sense of community and solidarity among students. It serves as a powerful example of how youth leadership can create meaningful change, demonstrating the positive impact that can be achieved when young people take proactive steps to support their peers.



# EXPERIENCE Indianola

THE SKY'S THE LIMIT



## Summer Events



**DES MOINES METRO OPERA**  
JUNE 28 - JULY 21



**TRUBANK DES MOINES CHALLENGE**  
JULY 5 - JULY 7



**WARREN COUNTY FAIR**  
JULY 24 - JULY 29



**INDIANOLA RAGBRAI LI**  
JULY 24



**NATIONAL BALLOON CLASSIC**  
JULY 26 - AUGUST 3



**SUMMER ART FESTIVAL**  
JULY 27 - JULY 28



**SUMMER NIGHTS LIVE**  
AUGUST 24

OUTDOOR AND WATER ADVENTURES

HISTORIC DOWNTOWN SQUARE

WINERIES AND BREWS

COLLEGE ATMOSPHERE

LAUNCH YOUR ADVENTURE  
IN INDIANOLA, WHERE  
THE SKY'S THE LIMIT

EXPERIENCEINDIANOLA.COM

# INDIANOLA Summer Art Festival

Saturday & Sunday  
**JULY 27 & 28**  
10am-4pm • BUXTON PARK



SCAN ME

ART | FOOD | MUSIC  
ENTERTAINMENT



YOU ARE INVITED TO JOIN US IN THE  
ANNUAL

## CELEBRATE WARREN COUNTY PARADE

SATURDAY, JULY 27TH @ 10:30 AM



**REGISTRATION NOW OPEN!**  
SCAN THE QR CODE HERE TO REGISTER  
YOUR GROUP!



For more parade information, including route map, quiet zone area, sponsors & MORE, please visit our Facebook page!

PRESENTED BY:



Questions? Please email IHP at [ihometownpride@gmail.com](mailto:ihometownpride@gmail.com) or message us on Facebook!

# RAGBRAI LI

JULY 24, 2024 • INDIANOLA DOWNTOWN

GET THE LATEST INFORMATION:  
[EXPERIENCEINDIANOLA.COM/RAGBRAI](https://www.experienceindianola.com/ragbrai)

FOLLOW ON SOCIAL MEDIA:  

Indianola is excited to be the meeting town for RAGBRAI LI on Wednesday, July 24, as riders make the 75-mile trek from Winterset to Knoxville. From scenic routes to pit stops filled with local flair, Indianola's "Just Eat It" theme will have participants and community members alike craving for more! **We can't wait!**

While we prepare for the thousands of visitors to make their way through town, here are some helpful details about RAGBRAI LI in Indianola:

## BIKE ROUTE & EVENT MAP

Flip to the next page to see the RAGBRAI route through Indianola and the event map.

## WHAT IF MY HOUSE IS ON THE RAGBRAI ROUTE?

Streets along the route will be blocked off, likely beginning on the afternoon of Tuesday, July 23. Volunteers will be at barricades to assist drivers on or through the route. The Indianola RAGBRAI Planning Committee recommends people living on the route plan to leave their cars outside the route and walk home or to their vehicle. There will be no parking on the route; violators will be ticketed/towed at the owner's expense.

## HOW DO I GET AROUND TOWN ON JULY 24?

Be patient, advise local law enforcement. With more than 10,000 extra people in town, traffic will be moving more slowly than usual. It will take longer to get to your destinations.

## WHEN WILL IT BE BUSY?

The Indianola RAGBRAI Planning Committee expects riders and spectators to arrive sporadically throughout the day, as early as 5 a.m. and a majority between 7-11 a.m. Activity should calm around 2 p.m.

## WILL EMERGENCY SERVICES BE AVAILABLE?

Emergency and medical services will be available for RAGBRAI participants and community members. At RAGBRAI specifically, the Indianola Police Department will have officers stationed across the route, and the Indianola Fire Department will have tents set up at the Square and will be roving the area.

## CAN I BE A VOLUNTEER?

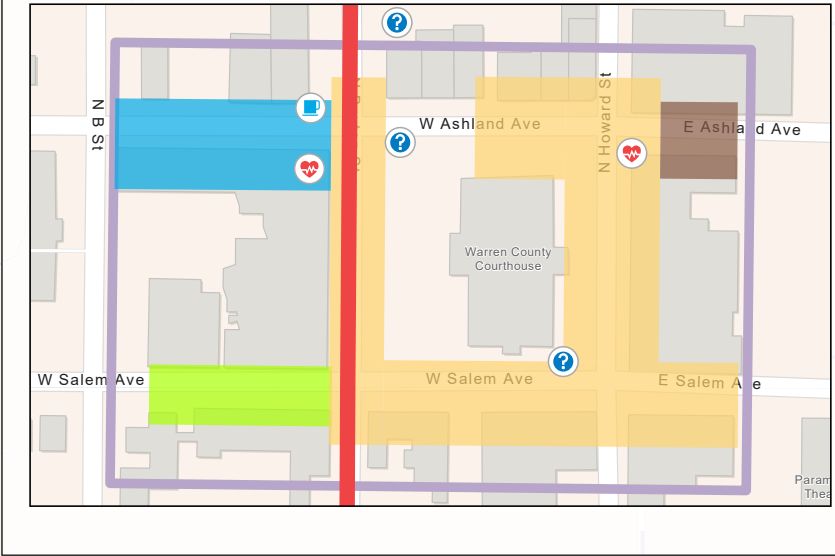
Absolutely! It takes a village to make an event like this happen. Please visit [ExperienceIndianola.com/RAGBRAI-volunteers](https://www.experienceindianola.com/ragbrai-volunteers), complete the form and our Volunteer Chair will be in touch with you. Thank you for your interest!

## WHERE CAN I GET MORE RAGBRAI LI DETAILS?

For more information about RAGBRAI LI's meeting town stop in Indianola, please visit our website at [ExperienceIndianola.com/RAGBRAI](https://www.experienceindianola.com/ragbrai). You can also follow Indianola RAGBRAI on Facebook and Instagram.

For more on the RAGBRAI LI event itself, please visit [RAGBRAI.com](https://www.ragbrai.com). You can also find RAGBRAI on Facebook, Instagram and X.

## "JUST EAT IT" INDIANOLA ENTERTAINMENT AREA



### LEGEND

- Hydration Station
- Information Booth
- Medical Tent
- Proposed Route
- Entertainment Area
- Food Vendors
- Beer Garden
- Bike Shop
- Restroom Facilities



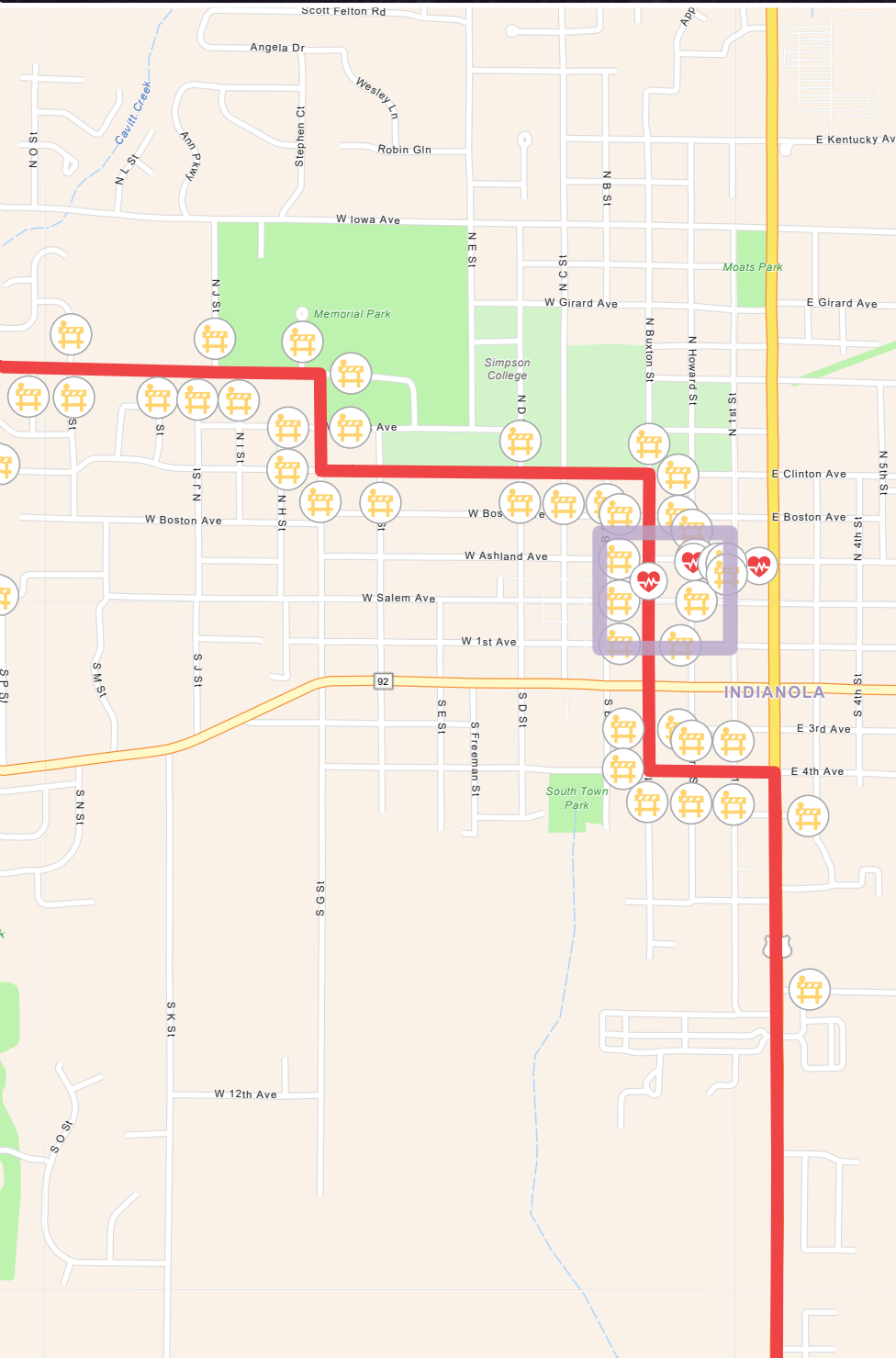
**2024**

# PROPOSED RAGBRAI LI ROUTE INDIANOLA, IOWA

### LEGEND

- Medical Tent
- Barricade
- Channel Cones
- Electronic Message Sign: Caution
- "Just Eat It" Indianola Entertainment Area
- Proposed Route
- Indianola City Limit

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## WHO ARE ALL OF THE VENDORS?

A list of vendors is available at [ExperienceIndianola.com/RAGBRAI](https://ExperienceIndianola.com/RAGBRAI). Please check the website often for updates as RAGBRAI LI in Indianola nears.

## WHERE WILL THE PARTY BE?

Food- and non-food vendors, as well as entertainment and other fun activities, will be primarily at the Indianola Downtown Square.

## IF I HAVE MORE QUESTIONS, WHO CAN I ASK?

Please email [RAGBRAI@ExperienceIndianola.com](mailto:RAGBRAI@ExperienceIndianola.com). We'll answer your question and add it to the FAQs available on the website.

SCAN QR CODE TO VISIT OFFICIAL RAGBRAI INDIANOLA WEBSITE!



THE PROPOSED 2024 RAGBRAI LI ROUTE IS SUBJECT TO CHANGES AND ALTERATIONS. THIS MAP WAS LAST MODIFIED ON JUNE 6, 2024.

The City of Indianola Community Development Department provides spatial maps as a public service. Unauthorized attempts to modify any information provided or utilize the material for other than its intended purposes is prohibited. The City makes no claims or guarantees about the accuracy or currency of the contents of this map and expressly disclaims liability for errors and omissions in its contents.

0 0.1 0.2 0.4 0.6 Miles



# THANK YOU, WARREN COUNTY PHILANTHROPIC PARTNERSHIP!

The City of Indianola is excited to announce that the Indianola Fire Department, Indianola Police Department and Indianola Public Library are proud recipients of a 2024 Warren County Philanthropic Partnership Community Grant, as unveiled Tuesday, April 30, during a celebratory event at the Warren County Justice Center.

The Warren County Philanthropic Partnership was organized to promote and enhance community-based philanthropy in Warren County. It recently received a state award to facilitate endowment building and grantmaking.

The contribution to the foundation was made possible by the Iowa General Assembly, the Warren County Philanthropic Partnership said. In 2004, the Iowa Legislature passed several bills to encourage foundation building and community-based philanthropy. Among these measures was House File 2032, which provided that non-gambling counties, initiating a county-wide community foundation, would be eligible to receive one-half of 1% of the state's gross gambling tax receipts.

According to the foundation, 55 grant applications were received for this year's cycle. Twenty-three organizations across Warren County shared in the funding allocations, totaling \$110,842.23 in grant awards.

Read the full announcement online at [www.indianolaiowa.gov](http://www.indianolaiowa.gov), and learn more about the projects that the Indianola Fire Department, Indianola Police Department and Indianola Public Library will be supported by through these grants.



# BEST IN THE STATE:

## WATER RESOURCE RECOVERY FACILITY EARNS 2024 ENGINEERING EXCELLENCE AWARD

The City of Indianola Water Resource Recovery Facility has received the grand prize in the Water/Wastewater category for the 2024 Engineering Excellence Awards Competition. Department staff, project contractors with HR Green, City leadership and elected officials were presented with an award celebrating the accomplishment on Wednesday, May 22, at the American Council of Engineering Companies of Iowa Awards Banquet in West Des Moines.

Nestled in northwest Indianola outside of city limits, the City's new \$45.6 million facility is one of the first wastewater treatment plants in the state to implement the Iowa Nutrient Reduction Strategy — a science and technology-based approach to assess and reduce nutrients like nitrogen and phosphorus delivered to Iowa waterways and the Gulf of Mexico. It outlines voluntary efforts to reduce nutrients in surface water from both point sources, such as wastewater treatment plants and industrial facilities, and nonpoint sources, including farm fields and urban areas, in a scientific, reasonable and cost-effective manner.

The Water Resource Recovery Department tirelessly oversees seven lift stations, 50-plus pumps, a vast network of sewer mains covering 93 miles throughout Indianola and 2,100 manholes. Department staff also perform routine Jet/Vac truck maintenance, sewer camera inspections and lab testing of the wastewater before and after treatment to ensure compliance throughout all facets of the operation is met.

Plans for an official open house, where community members can tour the facility and interact with department staff, will be announced in the coming months.



**We're investing in our environmental future. The better we are at treating the wastewater as a point source, the better the waterways of our state will be.** ”

—Jared Keenan, Water Resource Recovery Department Superintendent

# INDIANOLA AWARDED \$650K FOR SQUARE REVITALIZATION

The City of Indianola, in its continuing effort to support commercial revitalization and economic development in the Indianola Downtown Square, is thrilled to announce that it has been awarded a Community Development Block Grant (CDBG) totaling \$650,000, as shared Monday, June 3, during the Indianola City Council's regular meeting.

With the grant award, along with matching 25% contributions from the City and participating property owners for eight building facades, roughly \$1.3 million will be invested into the Square for improvements.

"The major investment in Indianola's historic downtown brings another opportunity and additional growth for our Square," said Charlie Dissell, Deputy City Manager/Chief of Development & Operations. "With \$1.3 million being infused into the heart of our city, supported by federal CDBG funds, City funding and property owner contributions, we are continuing to pave the way for transformative improvements that will elevate our community and propel us towards achieving the goals of our comprehensive plan."

The City's application and efforts for this opportunity, led by Dissell, Associate Planner Emily Rizvic and the Community Development Department, was assisted by Mid-Iowa Planning Alliance and Curtis Architecture. At the Indianola City Council's regular meeting on June 3, Mayor Stephanie Erickson signed the official grant award letter and the complete grant contract agreement.

## ABOUT CDBG PROGRAM & INDIANOLA'S APPLICATION

According to the Iowa Economic Development Authority, which administers the grant process through its Downtown Revitalization Program, the CDBG program is federally funded through the U.S. Department of Housing and Urban Development that provides grants on an annual basis to states and some local communities to help develop viable communities.

All CDBG funding must meet one of the three eligible national objectives:

1. Benefit to low- and moderate-income persons.
2. Aid in the prevention and elimination of slum and blight.
3. Meet an urgent need.

The City of Indianola's CDBG application focused on the elimination of slum and blight and to meet urgent needs, incorporating a direct connection with the City's Downtown Facade and Interior Improvement Program. The City's program, established in 2023, was developed to maintain, preserve and improve downtown aesthetics with the goal to build a destination where local businesses can thrive and people of all ages and backgrounds can connect, create and celebrate.

## PARTICIPATING PROPERTIES & EARLY RENDERINGS

Preliminary renderings for participating Square properties that committed and will benefit from the CDBG award can be viewed online, but here is one in particular:



## INDIANOLA'S NEXT STEPS

Next steps include a competitive bid process, with architects creating construction documents for the awarded contractor to follow set guidelines for the improvements. Construction is anticipated to begin either later this fall or winter and substantial completion by Winter 2025.

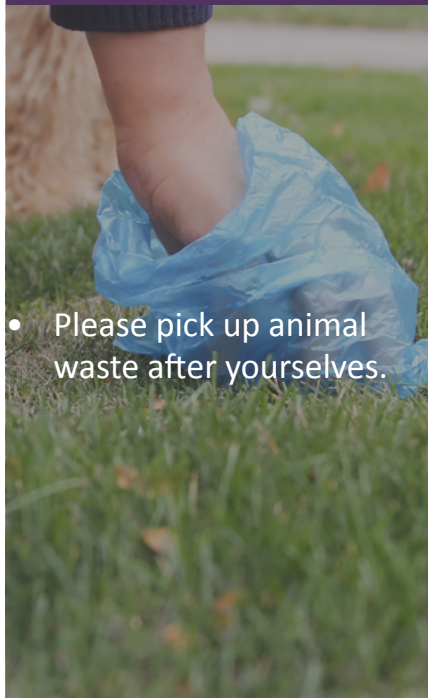
**FOR MORE DETAILS ABOUT THE GRANT OR TO VIEW OTHER PRELIMINARY RENDERINGS, PLEASE VISIT [WWW.INDIANOLAIOWA.GOV](http://WWW.INDIANOLAIOWA.GOV)**

# ANNUAL SUMMER REMINDERS FOR RESIDENTS

## ILLEGAL PARKING IN FRONT YARDS

- Vehicles must be parked on an approved surface. They cannot be parked on grass. Vehicles cannot be parked in the front yard or on the sidewalk.
- Vehicles cannot overhang into the sidewalk – makes it harder for people with mobility issues, ADA devices, individuals with baby strollers to utilize the public sidewalk and causes traffic conflicts.

## ANIMAL WASTE COMPLAINTS



- Please pick up animal waste after yourselves.

## DEFECTED OR DANGEROUS SIDEWALKS

- Faulted/cracked, raised/sunken, spalling sidewalks could pose a danger/risk to those utilizing the sidewalk.
- It's the responsibility of the abutting property owner to replace/repair/reconstruct sidewalks adjacent to their property.
- Property owners can be held liable for injuries or other damages caused by defective sidewalks.

# THINGS GET SOLVED IF YOU GET INVOLVED

We believe every voice matters, and YOURS could be the one to inspire transformation.

Whether you're a seasoned professional or just starting your journey,  
we welcome your unique perspective.

## VOLUNTEERS NEEDED FOR BOARDS & COMMISSIONS

Imagine having the chance to shape policies that directly impacts our city. Envision your ideas becoming catalysts for progress. That's the reality when you become a volunteer with one of our many Boards & Commissions.

Ready to embark on this rewarding journey?



Scan the QR code or visit [www.indianolaiowa.gov](http://www.indianolaiowa.gov) to learn more information about how to get involved and start the process today!

CIVIL SERVICE COMMISSION  
DOWNTOWN SQUARE COMMISSION  
HOMETOWN PRIDE COMMITTEE  
IMU BOARD OF TRUSTEES  
INDIANOLA PUBLIC ARTS COMMISSION  
INDIANOLA WELLNESS CAMPUS BOARD OF TRUSTEES  
LIBRARY BOARD OF TRUSTEES  
PARKS & RECREATION COMMISSION  
PLANNING & ZONING COMMISSION  
SUSTAINABILITY COMMITTEE  
VETERAN'S MEMORIAL BUILDING COMMISSION



*Save the Date*

# FALL CLEAN UP

ONE DAY ONLY! FALL DROP OFF EVENT

SATURDAY, OCTOBER 19 9:00 A.M. - 1:00 P.M.

NO  
CURBSIDE PICKUP  
IN THE FALL

INDIANOLA  
BRUSH FACILITY  
1800 W. IOWA

ONE LOAD  
LARGE ITEMS  
PER HOUSEHOLD

FOR  
INDIANOLA  
RESIDENTS ONLY

# 125 CELEBRATING

est. 1884



## NEW HOURS

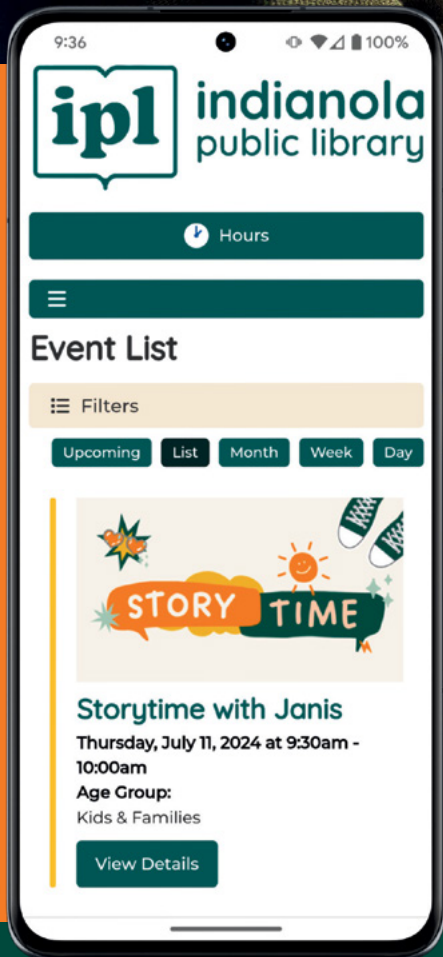
Mon - Th 9 am - 8 pm  
 Fri - Sat 9 am - 5 pm  
 Sun 1 - 5 pm

## SUBSCRIBE

Stay tuned in! Sign up for our monthly email with featured events, books, and news.



# Sorry, I'M BOOKED

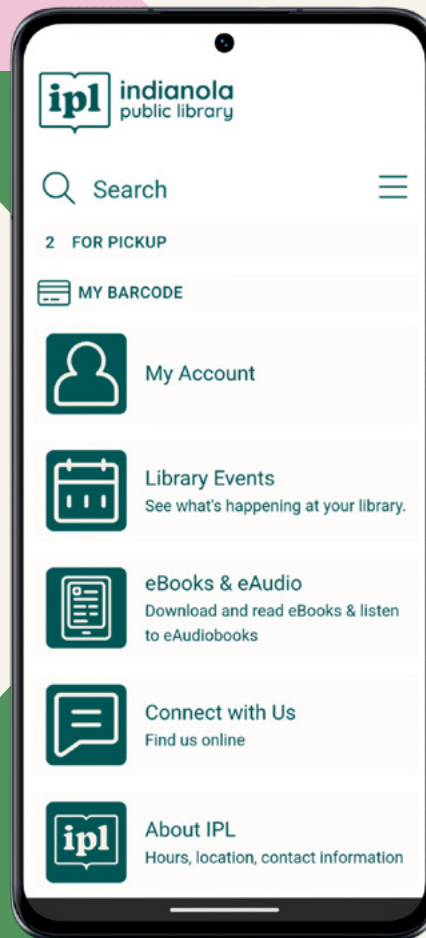


## IPL CALENDAR FEATURES:



- add events directly to your personal calendar
- filter by age and program type
- multiple list viewing options
- connected to the IPL app for up-to-date event info

[INDIANOLA.LIBRARYCALENDAR.COM](http://INDIANOLA.LIBRARYCALENDAR.COM)



## FOLLOW US



@INDIANOLAPUBLICLIBRARY



GET THE APP



# STORYTIMES

NEW!

Tuesdays & Thursdays, 9:30am & 10:30am  
Saturdays, 10:30am

We've added a second storytime each Tuesday and Thursday! Songs, shakers, and stories at every storytime, so you can choose any day or come to all of them! Stories will be the same for both sessions on Tuesdays and Thursdays.

# BOOKWALK

Through August, stories change weekly. It's a great day for a walk and a story! Take a walk around the Library block and enjoy a picture book.

# Wonderbook

THE READ-ALONG BY PLAYAWAY\*

Picturebooks with an MP3 audio recording attached. A read-along experience like never before, with Read-Along & Learning modes in each book. Browse the collection online.

Your summer roadtrip just got a little quieter. Check them out now. Thank us later.



# SPLASH 'N' STORY

FREE POOL ADMISSION

Saturday, 7/13, 10:30am  
Indianola Aquatic Center

Join Janis at the pool for this special edition of Tot Splash Time. Come at 10:30, with the interactive storytime to begin about 11:00. Then stay after for some exclusive time with your toddler. Swimsuits required! (Parent supervision required)

STARTING IN SEPTEMBER  
SENSORY-FRIENDLY STORYTIME  
NEW!  
PAJAMA STORYTIME  
NEW!

Wednesdays, 10:30am

Sensory Friendly Storytime features stories and activities designed for children with sensory sensitivities. Lower-key than our other storytimes, this program welcomes children of all abilities to create an inclusive environment.

# PAJAMA STORYTIME

2nd Mondays every month, 6-6:30 pm  
Just like Storytime, but in your Pajamas!

# LIBRARY PLAYDATE

Every weekend during open hours

Meet friends at the Library to play with the EXCLUSIVE Library Playdate toys, only available on the weekends!



keep them busy this

# SUMMER



Hey man!  
Do you know  
the way to  
San José?

LA LA LA  
LA LA LA  
LA LA!



No Chess  
Club in  
August :)

## MONDAY CLUBS

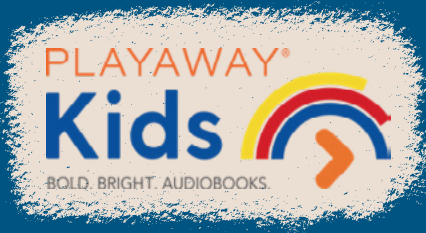
Mondays in July, 3:30 - 4:30 pm

**LEGO** 1st Mondays  
For K - 5th grade

**POKÉ MON** 2nd Mondays  
For 3rd - 5th grade

**CRAFTS** 3rd Mondays  
For K - 5th grade

**GAMES** 4th Mondays  
For 3rd - 5th grade



Playaway kits for young readers. Each kit comes with an MP3 recording and a physical copy of a chapter book. Browse our collection online.

## CHESS CLUB

2nd & 4th Thursdays, 6 - 7 pm

Learn to play or hone your skills at the "Game of Kings." Puzzles, game notation challenges, and plenty of gameplay! For all skill levels.

For 3rd - 12th grade

## CHESS CLUB TOURNAMENT

Saturday, July 13, 1 - 4 pm

Are you ready to test your wits in the ancient game of chess? The Indianola Public Library is hosting its first chess tournament! Everybody will play all four rounds, and prizes will be awarded for the top players.

All participants need to know the rules of chess, but no previous tournament experience is required.

Registration is required.



# FAMILY SNACK 'N PAINT GLOW IN THE DARK EDITION



REGISTER ONLINE



Tuesday, July 9  
5:30 - 7 pm

Our popular painting program is back, with a new twist! Join Kelsey to paint a super-cool piece of art that will glow in a blacklight. This program will be appropriate for older kids, with adult help.

Registration is required for this event.

miss janis visits

the

# Annett Nature Center



Thursday, September 26, 6-7 pm

Join Janis at the Annett Nature Center for all kinds of nature-y fun, including a scavenger hunt and stories about the beautiful fall colors. **Come dressed for a short walk through one of their awesome trails!**



*Starting in September:*

## MONDAY CLUBS

**LEGO** 1st Mondays, 3:30 - 4:30 pm  
For Kindergarten - 5th grade

**POKÉ MON** 3rd Mondays, 3:30 - 4:30 pm  
For 3rd - 5th grade

**FAMILY LEGO CLUB** 4th Mondays  
6 - 7 pm  
Join us for a family night with Legos. There will be a story and challenges to go along with the story.

**CHESS CLUB** 2nd & 4th Thursdays  
6 - 7 pm  
For 3rd - 12th grade

Learn to play or hone your skills at the "Game of Kings." Puzzles, game notation challenges, and plenty of game play!  
For all skill levels.



# teen HANGOUT



Play board games, and video games (Nintendo Switch & Wii-U), do crafts, watch movies, eat, and hang out. Teens finished grades 6-12.

NO HANGOUTS IN AUGUST. STARTS BACK UP SEPT 4.

**WEDNESDAYS  
THRU JULY  
2:30 - 4:30 PM**

# teen SUMMER

*finished grades 6 - 12 only*

## FRIENDSHIP BRACELETS

**FRIDAY, JULY 5  
ALL DAY**

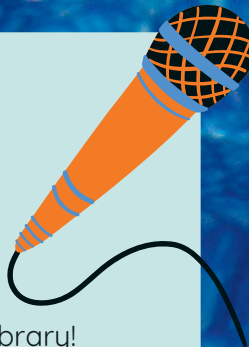
Hang out and make friendship bracelets in the teen room at the library. This event will be all day and materials will be provided!



## KARAOKE NIGHT

**FRIDAY, JULY 19  
5:30 - 7 PM**

Karaoke night at the library! Cheer on your friends, eat pizza, and maybe sing a little. We will have pizza!



Registration required.



## MARIO KART TOURNAMENT

friday, sept 20  
5:30 - 7:30 pm

Enjoy a fun night with a Mario Kart Tournament at the library! There will be pizza and prizes.

Registration required.  
Opens August 1st.



# GROW



## PRODUCE

Stop in to pick up fresh, locally grown produce at no cost! Gardeners may also bring in their extra produce to trade or donate.



\*This event is in partnership with Mt. Calvary Lutheran Church.

## SWAP

### & GIVEAWAY

Tuesdays, 7/23 - 8/12

4:00 - 6:00 pm



## SEEDS & HOW TO SAVE 'EM

**Master Gardener Melissa Hanson** will demonstrate how you can save common vegetable seeds, give storage recommendations, and lead a hands-on activity. Saved seeds can be grown the next year, given to your friends and family, or donated to the Seed Library!

Tues, 7/30, 6:30 pm

## NATIVE PLANTS & POLLINATORS

Our local ecosystem makes a difference! Join **Kate** from Warren Hill Farm to learn about our local native plants and the pollinators they support. **Kate is a Master Gardener** with a passion for native plants and pollinators. We will discuss the selection and "how to" of planting natives, host plants for various butterflies and specialist bees, and how these species are building blocks for a healthy environment.

Thurs, 9/19, 6:30 pm

The **Seed Library** is sorted into "Fruit & Veg," "Herbs," and "Florals," and filled with donated seeds. Any member of the community can borrow seeds from the Seed Library without a card or membership. Taking seeds from the seed library only promises that if you can, you will donate some of the seeds you save.

Sponsored by the **Warren County Master Gardeners**, with seeds donated from Fedco Seeds, High Mowing Seeds, Seed Savers exchange, and local gardeners like you.

# THE BAKER STREET & ESCAPE

Friday, July 12th  
4:00pm, 5:30pm, OR 7:00pm  
(choose one time slot)

Find the clues, solve the puzzles, and riddle your way out of this Sherlock Holmes themed escape room.

Registration required.



Scan here to register!

adults

A  
SHERLOCK HOLMES  
ESCAPE ROOM

# Puzzle Competition



Scan here to register!

Thursday, July 18, 6:00 - 8:00 pm

Teams of up to 5 will compete to finish their puzzles and win a prize! Puzzles are 500 pieces. Registration required.

adults

# SIP & PAINT

WITH JACY

Friday, July 26, 6:00 - 8:00 pm

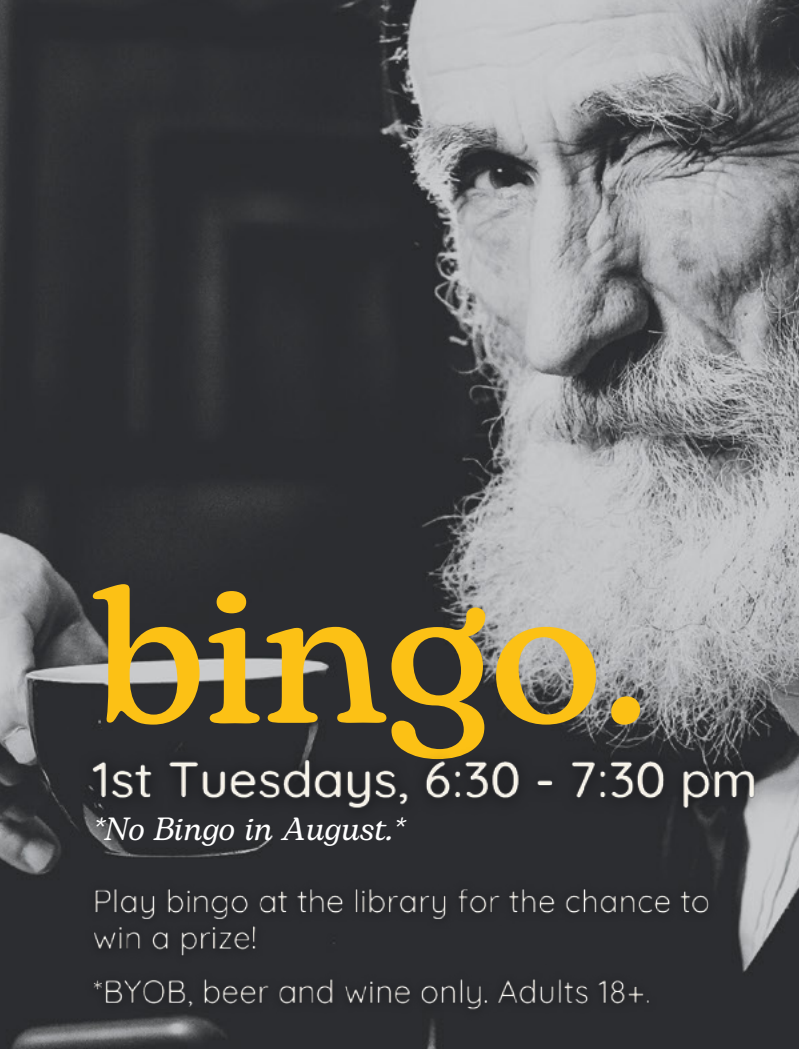
Paint with acrylics and sip a mocktail! BYOB (beer and wine only). Registration required.



SCAN  
HERE TO  
REGISTER!

adults





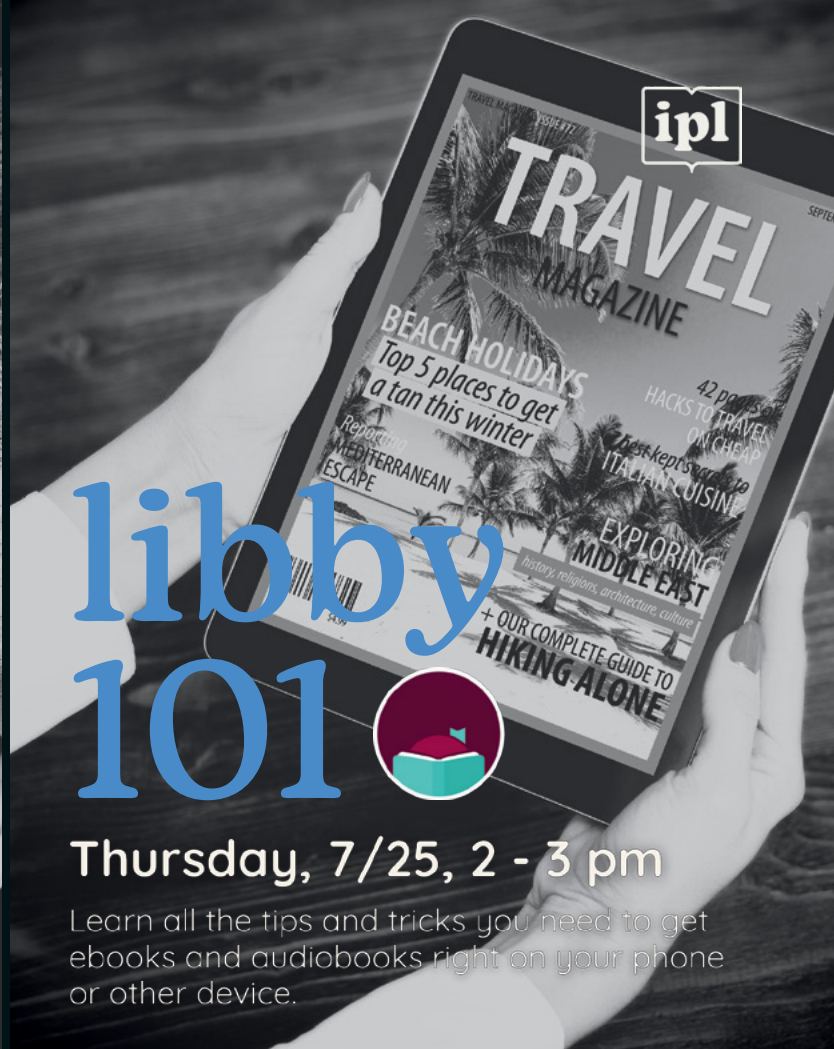
# bingo.

1st Tuesdays, 6:30 - 7:30 pm

\*No Bingo in August.\*

Play bingo at the library for the chance to win a prize!

\*BYOB, beer and wine only. Adults 18+.



# libby 101



Thursday, 7/25, 2 - 3 pm

Learn all the tips and tricks you need to get ebooks and audiobooks right on your phone or other device.

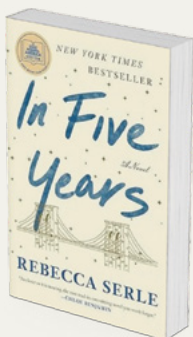
# It's never too late for a Plot *Twist*.

## Book Clubs

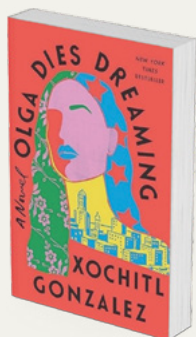
Morning Book Club  
2nd Fridays, 10 - 11 am

Evening Book Club  
4th Tuesdays, 6:30 - 7:30 pm

## Morning Picks



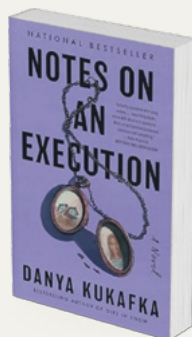
July



August



September



July



August



September

## Evening Picks

# it's kind of a big deal.



Get access to ebooks, magazines, audiobooks, stream movies and tv, learn and be entertained - all **FREE** with you library card.



## kanopy

Films that matter

Kanopy offers more than 30,000 films, including critically acclaimed movies, inspiring documentaries, award-winning foreign films, and more.



With **Kanopy**, you can enjoy films on your favorite devices—from desktop computers to mobile devices and Smart TVs, including Apple TV, Roku, Android TV, and more.

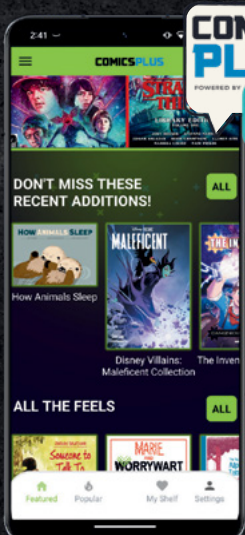


KINO LORBER

A24

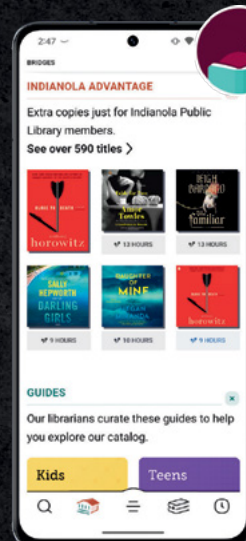
Samuel Goldwyn®  
THE SAMUEL GOLDWYN COMPANY

THE GREAT COURSES



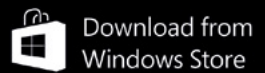
## ComicsPlus

NO WAITLINES.  
NO LIMITS.  
FREE ecomics.  
Powered by the **Library Pass** app.



## try libby.

The one-tap reading app from the IPL & OverDrive.



# LIBRARIES BUILD COMMUNITY



## Adventure Passes



Check out YOUR FREE PASS\* Available with your library card.

- Blank Park Zoo
- Greater Des Moines Botanical Garden
- Science Center of Iowa
- Des Moines Children's Museum



## To Be read



\*for 4th grade through adult\*

A monthly selection of handpicked library items for you + goodies to keep.

*\*We've streamlined our LootBox, Unboxed, and Handpicked services! New name. Same service.*

Support the Friends. Buy a tshirt!



## Join the Friends!

The Friends of the Indianola Public Library Foundations supports the goals of the library.

In doing so, they are the sole-supporter of the summer reading program, have and continue to provide support for remodeling projects, as well as fund events and services such as the Elephant & Piggie Party and To Be Read.



Scan the QR code to join to make a difference in your community!

# Indianola Parks and Recreation

Indianola Activity Center, 2204 W. 2nd Avenue (Hwy 92 West)

Mondays-Wednesdays, Fridays 8:00 a.m. - 5:00 p.m. • Thursdays 9:00 a.m. - 5:00 p.m.

## It takes a community to build connections.

With every issue of this magazine, you're able to see all the facilities, programs and opportunities that enhance the quality of life that your Parks & Recreation Department provides. Today I'd like to thank all the people, organizations and groups that partner with us to make Indianola a great place to live and visit.



It takes the effort of hundreds of people to ensure you have a great experience that contributes to the high quality of life opportunities our department focuses on. It starts with our **amazing and committed staff**. You may see our **parks team** planting and caring for thousands of flowers at Buxton Park, watering the hanging baskets on The Square or mowing the Pickard Park Disc Golf Course. Our **recreation team** members maintain and operate Veterans Memorial Aquatic Center, manage leagues and tournaments at the Pickard Park Sports Complex, welcome older active adults to programs at the Activity Center, and assist with registering for programs and reserving facilities. Now that summer has arrived, our staff grows with the addition of 75 **seasonal staff** who maintain the plantings on The Square, welcome patrons to the pool and sell concessions at Pickard Park. They are here to help you enjoy your leisure time in any way you prefer.

We also depend on the support and collaboration of the entire **City of Indianola and IMU staff**:

- The **City Council and city administration** who authorize the funding and the **Human Resources** department that works tirelessly to hire all our seasonal staff each spring and summer.
- **Community Development**, who most recently led the effort to institute Park Land Dedication, which will be instrumental in the development of new parks and green spaces.
- Our **Public Safety team** with the Police Department who patrol the parks and the Fire Department that assists in our Lifeguard Training, and both departments who respond in the case of emergencies.
- Our partners at the **Indianola Wellness Campus**, who provide the gym for youth sports and Family Fun Night
- **Indianola Public Library**, who helps us with the Story Walk at Buxton Park and offers story time at the Aquatic Center.
- **Waste Water Department** staff, who helped with pool pump repairs which were essential to complete so the pool could open on June 1.
- The **Street Department**, who recently hauled several dump truck loads of mulch to Pickard Park for volunteers to spread around our World Championship Level Disc Golf Course in preparation for the TruBank Des Moines Challenge on July 5-7.



Which brings me to the **hundreds of volunteers** that make a difference in the lives of so many each and every day. Whether you coach a youth softball or T-Ball team, instruct yoga in the park or at the Activity Center, set up for an afternoon concert, judge a contest at the Warren County Fair, help line up runners at the Live Healthy Iowa Track Meet, clear brush to build a new disc golf course at McCord Park, or serve on the Parks and Recreation Commission, all the time and effort you provide is what helps connect all the generations to each other and make memories that will last a lifetime. I also must thank all the **organizations and businesses** that we collaborate with each year. There are over 130 that sponsor events, provide instructors or equipment, and volunteer or work our special events.



This is only a small sample of the people who give so much and how our community comes together and there are thousands of stories I could share. We could fill up this entire issue of the I-Magazine with each and every person who has made an impact and will continue to make Indianola a city to connect with our friends, family and visitors for generations to come.

**Doug Bylund**  
**Chief of Culture & Recreation**

# VETERANS MEMORIAL AQUATIC CENTER

714 W DETROIT • 515.961.9422 • INDIANOLA.IOWA.GOV/VMAC

## OPEN DAILY THRU SUNDAY, AUGUST 18



PHOTO CREDIT: ERIN THRAPP

### OPEN SWIM HOURS

Mon/Wed/Fri 1:00 - 7:00 pm  
 Tues/Thurs 1:00 - 6:00 pm  
 Sat/Sun 1:00 - 5:00 pm

### MON/WED/FRI/SAT

10:30 am - 11:45 pm Tot Splash  
 11:50 am - 12:50 pm Adult Swim

### ADMISSION DAILY GENERAL ADMISSION

# \$7.00

AGES 2 & UNDER SWIM FREE WITH PAID ADULT ADMISSION

*HALF PRICE ADMISSION*  
 MON-FRI AFTER 5 pm  
 SAT/SUN AFTER 4 pm

### VETERANS ALWAYS SWIM FREE

PRESENT YOUR I.D. WHEN YOU VISIT THE FACILITY,

OR SIGN UP FOR A LIFETIME PASS AT PARKS & RECREATION  
 2204 W. 2ND AVE (HWY 92)  
 MON-FRI 8AM-5PM

### Tot Splash Time

Mon/Wed/Fri/Sat  
 June 3 - August 17  
 10:30 - 11:45 am

Ages 6 & under with adult Admission \$3.00/person or free with Season Pass

### Adult Lap Swim & Water Walking

Mon/Wed/Fri/Sat  
 June 3 - August 17  
 11:50- 12:50 pm

Admission \$3.00/day or free with Season Pass

### Hy-Vee Special Needs Swim Nights

Wednesdays, 7:15 - 8:45 pm  
 July 10 & 24

Each special needs swimmer must be accompanied one-on-one in the water at all times by an adult or SCL worker. All ages invited.

Admission FREE thanks to our sponsor, Indianola Hy-Vee!

### Splash & Story

Saturday  
 July 13

10:45 - 11:15 am

**FREE TOT SPLASH ADMISSION**  
 Janis from the Indianola Public Library will share stories while we're in the water!

*Water play before and after story time.* Parental supervision is required.

### Open Night Swims

1st & 3rd  
 Wednesdays  
 7:00 - 8:45 pm  
 July 3 & 17

Admission \$3.50/person or free with Season Pass

## Sign up for Aquatic Center text alerts!

CLOSURES  
EVENTS  
& MORE!



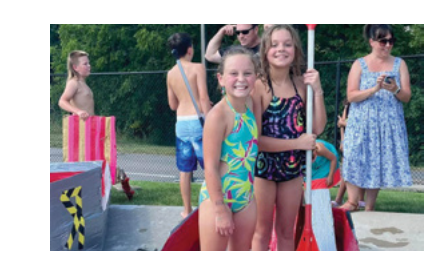
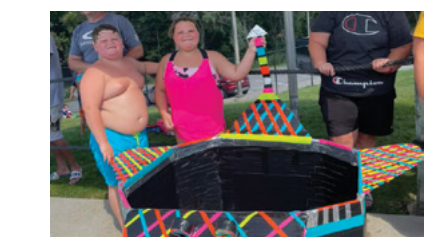
# Peoples Bank

## FAREWELL TO SUMMER!

**SUNDAY, AUGUST 18 1:00 - 3:30 PM**

**VETERANS MEMORIAL AQUATIC CENTER  
FREE ADMISSION ON CLOSING DAY,  
THANKS TO OUR SPONSOR,  
PEOPLES BANK!**

**SWIM  
FREE!**



**STAY &  
CHEER  
THEM ON!**

## CARDBOARD BOAT RACES

**WHO WILL RULE THE POOL IN 2024?**

**SUNDAY, AUGUST 18 4:00 - 5:00 PM**

**MAKE YOUR BOAT USING CARDBOARD & DUCT TAPE ONLY!  
RACES FOR SINGLES, TEAMS AND FAMILIES!**

# PARKS & REC DAY AT THE WARREN COUNTY FAIR

## THURSDAY, JULY 25

Indianola Parks & Rec • Carlisle Parks & Rec • Norwalk Parks & Rec

**BACK BY POPULAR DEMAND!**

### 9:00 a.m. Rooster Crowing Contest

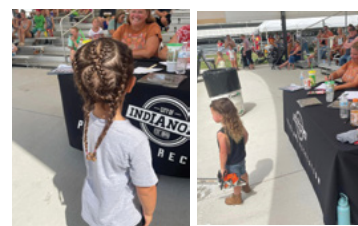
Age divisions: 6 & under, 7-12 years, 13-17 years, adults  
No birds allowed in this quest for the best rooster imitations.  
Win this contest, and you can crow all year!



**JUDGE FAVORITE!**

### 9:30 a.m. Braids, Mullets, & Mohawks

One division - all ages  
Judges will declare winners in each hair category, plus an overall Best of Show. So show us your best!



**NEW FOR 2024!**

### 10:00 a.m. Twins, Triplets & More

Age divisions: 2 & under, 3-6 years, 7-12 years, 13-17 years, adults  
Whether you are true twins, triplets or multiples... or you are twinning with friends or family, this contest is for you!



**CROWD FAVORITE!**

### 10:30 a.m. Face Off Cookie Challenge

Age divisions: 6 & under, 7-12 years, 13-17 years, adults  
Can you get a cookie to move from your forehead to your mouth without using your hands? In 2 minutes or less?



**BACK BY POPULAR DEMAND!**

### 11:00 a.m. Bubble Gum Blowing Contest

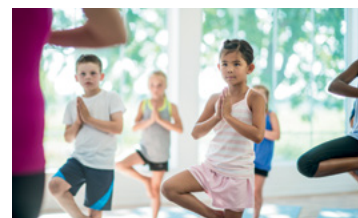
Age divisions: 8 & under, 9-17 years, adults  
This contest is back for the first time since 2019!  
Will YOU blow the biggest bubble?



**NEW FOR 2024!**

### 11:30 a.m. Tree Pose Challenge

Age divisions: 6 & under, 7-12 years, 13-17 years, adults  
Test your balance in this new challenge. Can you hold the yoga tree pose longer than your neighbors?  
Last one standing wins!





### StoryWalk

Buxton Park  
705 N. Buxton St

Visit the park this summer to read **Sloth at the Zoom** by Helaine Becker.

Read a story about zoo animals while you follow its pages through Buxton Park. The stories will begin by the Children’s Garden.



Indianola’s StoryWalk® is also sponsored by Friends of the Indianola Public Library.



### Monarch Tagging

Saturday, September 21  
1:00 p.m.  
Buxton Park  
705 N. Buxton Street

Class will be led by a Warren County Conservation Naturalist.

Learn about monarch butterflies, and how to catch, handle, and tag them as part of a national research project. All tagged monarchs will be released back into the wild. Bring a net if you have one.

Free class, but please register by Thursday, September 19. Call 515.961.6169 or visit [www.warrenccb.org/events](http://www.warrenccb.org/events).

INDIANOLA PARKS & RECREATION

## Fee Assistance Program

Qualified families are awarded:

Up to \$100 per child per calendar year, to be used to reduce fees by 50% on most programs offered by our department

Savings on season passes at Veterans Memorial Aquatic Center

Please contact one of these agencies to determine if your family is eligible for Indianola Parks & Rec fee assistance.

Warren County Health Services (515) 690-9190  
IMPACT Community Action Partnership (515) 518-4770

Once we receive notice of your eligibility from one of the above agencies, you may simply call our office at (515) 961-9420 to register and pay with a debit/credit card, or visit in person to pay with cash/check.

We can also help you get set up to register and pay online.



Making recreation more accessible for more children

**YOUTH PROGRAMS**

# THE ZONE

Since 2008, Indianola Parks & Recreation has offered a **FREE** after-school program for Indianola Middle school students!

The Zone is a drop-in program for students at Indianola Middle School, offered by Indianola Parks & Recreation. Students check in with a supervisor upon arrival and check out if leaving before 5:00 p.m. The program is closed on school holidays, early dismissal days, teacher work days, and during inclement weather. To ensure a fun and safe environment, students must adhere to all posted rules and staff instructions. For a complete list of rules, please visit our website.

**Pre-register for The Zone prior to September 19th to avoid long lines on the first days!**

**Visit our website to pre-register for The Zone [www.indianolaiowa.gov](http://www.indianolaiowa.gov)**

Our staff may take photos of participants at our activities for city use. Student names will not be used.

Let us know if you have concerns about your child being photographed.

**Mondays & Thursdays**  
**3:20-5:00 p.m.**  
**September 19, 2024 - April 24, 2025**

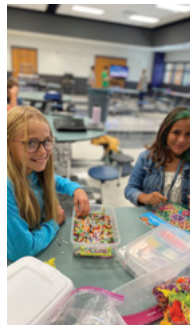
in the  
**Indianola Middle School Cafeteria**

Supervised, active fun along with a healthy snack, theme days, contests, games, study help & more!



**Donations of all sizes are welcome.**

The Zone is dependent on the financial support and generosity of local businesses, families, and individuals. You may send your program contribution to: The Zone c/o Indianola Parks & Recreation, 2204 W 2nd Ave, Indianola, IA 50125



# LEAD • ADVOCATE • IMPROVE OUR COMMUNITY

## INDIANOLA MAYOR'S YOUTH COUNCIL

Indianola High School students that serve on the Indianola Mayor's Youth Council have the unique opportunity to learn how government works, represent our local youth, meet community leaders and businesses, and become actively involved with community projects and activities working toward the betterment of Indianola.

### Activities in 2023-2024 included:

Tours of Jesse J Sanctuary, Harvest Academy Iowa, KCCI News, Pickard Park Disc Golf Course, and Rusty Stars Alpacas.

### MYC also worked on several community events including:

A **Go Gold for Childhood Cancer** event in September at the high school which raised \$440 for Unravel Iowa.

A **Pink Out for Breast Cancer** event in October at the high school which raised \$300 for a local family fighting cancer.

The **Home for the Holidays** event on The Square in December where MYC members helped children write letters to Santa. They also collected donations to buy gifts for Middle School and High School students in need.

Planting a tree at **Pickard Park** to celebrate Arbor Day.

MYC also planned **Bike Fest 2024: Pedal for the Pantry**, a family-friendly community event designed to promote bicycle safety with donations raised for Indianola School Necessity Pantry.

MYC extends a special thanks to Elks Lodge #2814 for being the event sponsor for Bike Fest 2024!

Thanks also goes to Blank Children's Hospital, Indianola Community Schools, Indianola Parks & Recreation, Indianola Hy-Vee, Indianola Police Department, Indianola Fire Department, KNIA Radio, Warren County Extension & Outreach, Jimmy Johns, Gibs A&W, Subway, Pizza Ranch, Brickhouse, Taco John's, and Hardee's.

### Do you know an incoming 9th grader who would be a good candidate for MYC?

We'll be looking for freshman in the fall to join the council. Watch for details regarding the application process in the high school announcements.

And don't forget to follow Indianola Mayor's Youth Council on Facebook and Instagram to stay current on MYC plans and activities!



MYC raised funds for and awareness of childhood cancer at a home volleyball game.



MYC members planted a tree at Pickard Park in celebration of Arbor Day. Members also learned about Pickard Park's Disc Golf Course and the Disc Golf Pro Tour Des Moines Challenge happening at Pickard Park.



Harvest Academy welcomed MYC members for lunch and a tour. Members were fortunate to hear personal stories from students working through the program.



Rick and Minoo Spellerberg gave a tour of Jesse J Sanctuary and explained how they founded the sanctuary and what they offer to cancer patients and their families.



MYC members helped children write letters to Santa at the Home for the Holidays event on the Indianola Square.



MYC members went Holiday shopping for Middle School and High School students and then wrapped the gifts to be delivered.

**YOUTH & ADULT SPORTS**



**Youth Flag Football Leagues**

Practices and games held 5:30, 6:30 and 7:30 p.m. on Mondays and/or Tuesdays starting Monday, August 12 Pickard Park 2205 E. 2nd Ave (Hwy 92)

Grade Fall 2024	Fee
1st - 3rd grade	\$60 (\$55)
4th - 6th grade	\$65 (\$60)

Placement guaranteed when registered by Sunday, July 14. \$15 late fee after 7/14, if a spot is available after the deadline.



**Fall Adult Coed Slowpitch Softball League**

Thursdays games at 6:15, 7:15, 8:15 & 9:15 p.m. starting Thursday, August 8 Pickard Park 2205 E. 2nd Ave (Hwy 92).

12-game season with single elimination tournament after the regular season. ASA rules with modifications.

\*Must be 18 years old to participate

Registration deadline: Tuesday, July 30

Game Day	Start Date	Fee
Thursday	Thursday, August 8	\$372



**Adult Bags Leagues**

Games start at 6:15 p.m. Pickard Park 2205 E. 2nd Ave (Hwy 92).

6-week season followed by single elimination tournament. BYOB.

\*Must be 18 years old to participate

Registration deadline: Tuesday, July 30

Game Day	Start Date	Fee
Thursday	Thursday, August 8	\$30



**Yoga in the Park**

Saturdays at 9:00 a.m. through September 28 Buxton Park 705 N. Buxton St

This program for adults is FREE, thanks to our volunteer instructors.

**Special guests on August 10 - baby goats!**

**EXCEPTION: Meet at 7:00 a.m. at the Memorial Balloon Field during the National Balloon Classic on July 27 & August 3**

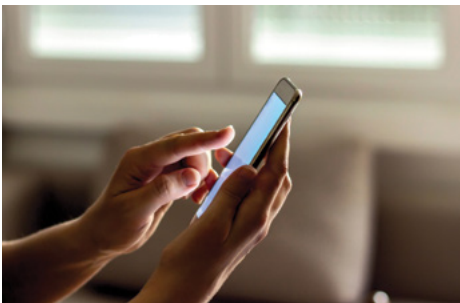
Register for our Yoga in the Park text group for weather cancellations at indianolaiowa.gov/PRtexts



**Become a Dementia Friend**

Monday, August 26  
10:30 - 11:30 a.m.  
Indianola Activity Center  
2204 W. 2nd Ave (Hwy 92)

You can become a Dementia Friend by attending a one-hour session led by Dementia Friends Champion Amanda Peacock. You'll learn about living with dementia, how it can affect a person, tips for communicating with people who have dementia, and ways to support them.



**Cell Phone Help**

iPhones: Sept 9 - Sept 30  
Androids: Oct 7 - Oct 28  
1:00 - 2:30 p.m.  
Indianola Activity Center  
2204 W. 2nd Ave (Hwy 92)

Learn to use your cell phone beyond calls in a free 4-week class. Separate sessions for Android/iPhone users, each covering different topics. Stay for Q&A after class. **Space is limited, advance registration required.**



**Composting 101**

Tuesday, September 10  
7:00 - 8:30 p.m.  
Indianola Activity Center  
2204 W. 2nd Ave (Hwy 92)

Learn how to compost your yard waste and use the completed compost to enhance your yard and garden in our upcoming class taught by Master Gardener Sue Thompson, who has 40+ years of experience.

**\$6.25 (\$5)**



**Parkinson's Disease Exercise Class**

Thursdays from 12:00 - 12:45 p.m.  
through August 29  
Indianola Activity Center  
2204 W. 2nd Ave (Hwy 92)

The American Parkinson's Disease Association offers this free class for people of any age who exhibit Parkinsonian symptoms, including tremors, along with their care partners. Participants must be able to walk and stand up from a chair without assistance. **Register online at <http://tinyurl.com/IndianolaMovementTraining>**

**F.R.I.D.A.Y  
F.R.I.E.N.D.S**

ACTIVITIES, COMMUNITY & FUN  
FOR YOUNG ADULTS WITH DISABILITIES

**FRIDAYS • 4 - 5 p.m.**

**July 19 • Aug 2 & 16**

Indianola  
Activity Center  
2204 W. 2nd Ave

**August 9**  
Lighthouse

Community Center  
109 W. Boston Ave

**Other Summer Activities**

**Wednesdays July 10 & 24**

7:15 - 8:45 p.m.

Hy-Vee Special Needs Swim Nights  
Veterans Memorial Aquatic Center

**Saturday, August 24**

7:00 - 10:00 p.m.

Concert on The Square

# Tuesday Tunes & Treats



FREE CONCERT SERIES • OPEN TO THE PUBLIC • HOSTED BY INDIANOLA PARKS & RECREATION  
INDIANOLA ACTIVITY CENTER • 2204 W. 2ND AVE (HWY 92)



## Robert Deitch

**Tuesday, August 13 • 1:00 pm**

Country music singer/songwriter Robert Deitch has been a crowd favorite since he first performed at the Activity Center in 2021. He is a Nashville music row staff writer, with over 20 songs that have been cut by other artists. His voice can be described as blue collar smooth, yet gritty....like a fine bourbon, with a hint of gravel dust.



## Been There, Done That

**Tuesday, September 10 • 1:00 pm**

The last time this group played at the Activity Center, over one hundred people enjoyed an afternoon of music and jokes with Tom Petersen, Roger Young and David Pitt. Their varied program ranges from county, pop hits from the 40's to 60's, country and gospel.



# AFTERNOON Adventures



FREE SPEAKER SERIES • OPEN TO THE PUBLIC • HOSTED BY INDIANOLA PARKS & RECREATION  
INDIANOLA ACTIVITY CENTER • 2204 W. 2ND AVE (HWY 92)

## Glimpses of Iowa's Capitol

**Tuesday, July 9 • 1:00 pm**



Untold stories. Little-known historical anecdotes. Hidden treasures of Iowa most recognized landmark. Go on a journey with former state restoration painter, historic researcher, and author Rosa Snyder as she shares several before-and-after photos, tours rooms not normally seen by tourists, and discusses the step-by-step restoration process. *This event is funded by Humanities Iowa, a private, non-profit state affiliate of the National Endowment for the Humanities.*



## Suffrage and WWI: Through the Eyes of Iowa

**Tuesday, August 27 • 1:00 pm**

Iowa author Ann Hanigan Kotz has released her new novel, Sons and Daughters, a sequel to her debut novel, The Journey of Karoline Olsen. In her presentation, Ann shares briefly her background—growing up in Denison, Iowa—and her own journey as an author with her Karoline book. Complementing her second book, Ann shares some of her research in a colorful PowerPoint titled, Suffrage and WWI: Through the Eyes of Iowa. This presentation, full of historical pictures, highlights lowans' experiences with these two American events. At the conclusion of her presentation, Ann answers questions and signs books.



# Indianola Activity Center

2204 W. 2nd Ave (Hwy 92 W) • 515.961.9420

**OPEN 8:00 AM - 5:00 PM • MONDAY - FRIDAY**

*The Indianola Activity Center provides a welcoming environment where our community's adults age 50 or better can engage in a healthy and active lifestyle and enhance their quality of life.*

All activities are free unless noted, and there is currently no membership fee. Suggested donation \$2/week.

## Exercise Classes

*(Drop in - no registration necessary)*

### Yoga

Mon/Wed/Fri 8:00 - 9:00 am  
Bring mat, towel and water bottle

### Stretch & Strengthen

Exercise (video class)  
Mon/Wed/Fri 9:00 - 10:00 am  
Gentle workout

### Line Dancing

Tues/Thurs 9:00 - 10:30 am

## For Your Enjoyment

Rooms open Mon-Fri 8 am - 5 pm

### Computer Lab

Free public computers

### Fitness Room

2 treadmills, exercise bike, TV

### Pool/Snooker Room

Cues available, or bring your own.

### Puzzle Exchange

Stop by the lobby to borrow or lend jigsaw puzzles. FREE!

## Weekly Programs

### Bingo

Fridays • 1:00 pm - 3:00 pm

*Thank you 2nd qtr prize sponsors: Busy Bee Garden Center, EveryStep Hospice, O'Reilly Auto Parts, Pete's Pizza*  
*3rd qtr sponsors A&W, Outside Scoop*

1ST FRIDAYS  
BAKERY BINGO



2ND FRIDAYS  
SPONSORED BY



4TH FRIDAY 9/27  
SPONSORED BY



5TH FRIDAYS  
SPONSORED BY



### Cards (Hand & Foot)

Mondays • 10:00 am - Noon

### Cribbage

Mon & Wed • 12:00 - 3:00 pm

### Mah Jongg

Mondays • 12:30 - 3:30 pm

Beginners welcome.

### Pickle Ball

Wed & Thurs at 1:00 pm  
Paddles available, or bring your own.



## Pie & Puzzle Palooza

Tuesday, July 23  
1:00 - 3:00 pm  
Indianola Activity Center

Escape the summer heat and join us for a friendly competition as you race to complete a 300 piece puzzle, then enjoy pie afterwards.

Sign up as a team of 4, or as a single and we will assign you to a team. Free for ages 50 or better! **Registration required.**

## Fair Day at the Activity Center

Tuesday, August 6  
1:00 - 3:00 pm  
Indianola Activity Center



Join us to celebrate the fair! Meet and learn about different animals brought by McFable Farm, a non-profit care farm in Winterset that provides a safe, judgment-free space for self-care. Other fair-related activities, too!

TWO SESSIONS IN 2024  
FOR YOUR CONVENIENCE!

*Fall*  
FESTIVAL  
& OPEN HOUSE

TUESDAY,  
OCTOBER 15

2:00-3:30 PM  
5:00 - 6:30 PM

## Thank You, Sponsors of Friday Favorites Lunches!



# Register for Parks & Rec Programs

[www.indianolaiowa.gov/PRregister](http://www.indianolaiowa.gov/PRregister)  
or call 515.961.9420



## REGISTRATION DEADLINE

Seven days prior to program start date unless otherwise noted.

## REFUND POLICY

Unless otherwise noted, refunds/credits will gladly be given as long as your refund request is made by 5:00 pm on the business day prior to the start of the program, less all costs already incurred. Any time after that date, a pro-rated refund/credit will only be granted for illness, medical reasons or other unavoidable circumstance. Physician's written verification required. Must make request within 7 working days.

## PROGRAM CANCELLATION

We reserve the right to cancel a program or activity that does not meet the minimum number of participants.

## REGISTRATION REMINDERS

- Participants' age must fall within age requirements by the program's beginning date.
- Participants are not registered until payment is received.

## NONRESIDENT/(RESIDENT) FEES

Registration fee discounts will be given to residents, because people who live within the city limits of Indianola make a significant contribution to the financing and operation of the department through city property taxes. Nonresidents who live outside city limits pay regular program fees.

Shown as: **Nonresident fee (Resident fee w/discount)**

## ACCOMODATIONS

If you need special accommodations to participate, please contact our office by phone or in writing. We are waiting to serve you.

## PLEASE NOTE:

Participants in any program assume full responsibility for any risk, implicit or direct, by participation in said activity or utilizing facilities. You are advised that the City does not provide medical insurance covering injuries to participants.

## ATTENTION ACTIVE PARTICIPANTS

By their very nature, many Parks & Recreation programs involve body contact, substantial physical exertion, emotional stress, and/or use of equipment, which represents a certain risk to users. Our recommendation is to check with your physician prior to participating in these activities.

## PHOTOGRAPHS

Photographs may be taken by our staff at activities and events, including The Zone. These are for department use and may be reproduced in city publications and on our website. If you have concerns about your child being photographed, let us know.

## WEATHER CANCELLATIONS/DELAYS

Cancellation decisions are not usually made until after 4:00 pm in an effort to allow for Iowa's quickly changing weather conditions. Many programs and ALL sports leagues have text alert groups for these and other messages.



Scan the code to join the group(s) of your choice or visit [www.indianolaiowa.gov/PRtexts](http://www.indianolaiowa.gov/PRtexts) to receive text updates for programs and leagues.

## Facility Rentals

[indianolaiowa.gov/PRrentals](http://indianolaiowa.gov/PRrentals)

### ACTIVITY CENTER

The Buxton Room at Indianola Activity Center is available for daily rentals on Saturdays, Sundays & city-observed holidays. Full kitchen and other amenities included.

Capacity 200 • Available 8 am - midnight

Reserve up to one year in advance

Fee: \$300 no alcohol/ \$500 if alcohol will be present PLUS

Deposit: \$200 no alcohol/\$400 if alcohol will be present

Both fee and deposit are due when reservation is made.

*Deposit non-refundable if reservation is canceled. All or part of the deposit may be used to pay for any damages caused during the rental. Amount of deposit in no way limits the monetary amount of damages for which the renter may be responsible.*

### SHELTERS

Park shelters may be reserved online or over the phone up to one year in advance. Electricity & water are available from April 15 - October 15. Reserve any time slot between 6 am -10 pm. Five parks have reservable shelters: Barker Park, McCord Park, Memorial Park, Moats Park & Pickard Park.

#### Shelter Fee Schedule

Duration	Residents	Nonresidents
1-4 Hours	\$24	\$28
Each add'l	\$6	\$7



## Indianola Dog Park

Located at Downey Memorial Park

1 mile south of Warren County Fairgrounds,  
1710 South K St • Water available 4/15 - 10/15.

Open Daily Year-Round 7 am - 11 pm

### Annual Permits Required (\$25 per dog)

To Purchase Your Dog's Annual Permit, bring proof from your veterinarian that your pet's rabies and distemper/parvo vaccinations are current to the Parks & Rec office, 2204 W. 2nd Ave (Hwy 92).  
**DOGS MUST BE AT LEAST FOUR MONTHS OLD.**





### Membership Benefits:

- Free Learn & Play access (for two hours while you work out)
- Special member rates and priority registration for programs and classes
- Free unlimited group exercise classes, water exercise and indoor cycling
- Free access to both pools
- No long-term contract

### Amenities:

- Gymnasium
- Racquetball Courts
- Indoor Track
- Strength/Cardiovascular Equipment
- Recreational Pool
- Lap/Competitive Pool
- Complimentary Coffee

### Programs for all:

- Fitness Classes: Cycling, Mind+Body, strength, cardio, water
- Youth Strength training instruction
- Youth & Adult Red Cross swimming lessons
- Pickleball
- Noon Basketball
- Personal Training

### Contact Information:

515-961-9408

iwc@indianolaiowa.gov

indianolaiowa.gov/iwc





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LES MILLS™ VIRTUAL**



# EXPERIENCE LES MILLS VIRTUAL

HUNDREDS OF SCIENTIFICALLY-BACKED WORKOUTS,  
IN CINEMATIC QUALITY VIRTUALLY, ANYTIME.

IT'S LES MILLS ON THE  
BIG SCREEN!  
LES MILLS™ Virtual workouts  
combine the world-leading  
fitness programs with  
pumping sound and  
motivation from some of the  
hottest instructors on the  
planet. It's a truly inspiring  
experience that will drive  
amazing results.

## LES MILLS CLASSES AVAILABLE

**Body Pump**  
**Body Combat**  
**Body Balance**  
**Les Mills CORE**  
**RPM**  
**Sh'Bam**

**Les Mills GRIT**  
**The Trip**  
**Les Mills Barre**  
**Born to Move**  
**Les Mills Sprint**

Virtual classes are refreshed every three months with fresh choreography and music, mirroring our in-person sessions. Additionally, several classes come in various durations for your convenience.

# LES MILLS

LES MILLS™ Virtual is included in the cost of your membership. Reservations will be required. We will be launching soon, so stay tuned!

# SUMMER DAY CAMPS



Looking for something fun this summer for your child between the ages of 5-9 years old?  
Check out our summer day camps!

## JULY 8-12, 2024

MONDAY - CIRCUS FUN  
TUESDAY - MUSIC MANIA  
WEDNESDAY - BEACH BASH  
THURSDAY - ARTISTIC INSPIRATION  
FRIDAY - FOOD FRENZY

## AUGUST 5-9, 2024

MONDAY - UNDER THE SEA  
TUESDAY - SPACE EXPEDITION  
WEDNESDAY - FAIRYTALE FOREST  
THURSDAY - WATER WONDERS  
FRIDAY - DRAMA-O-RAMA

QUESTIONS: CONTACT LAURA DOSTAL AT LDOSTAL@INDIANOLA.IOWA.GOV OR 515-962-5371

**DROP OFF - 7:45-8:00AM**

**PICK UP - 11:45AM-NOON**

*Register Now*



## COST

### **MEMBERS -**

\$30/DAY OR \$120/WEEK\*\*

### **NON-MEMBERS -**

\$45/DAY OR \$180/WEEK\*\*

\*\*registration required

## STEVE LAWYER, CYCLING INSTRUCTOR

My first RAGBRAI was RAGBRAI 16 in 1988. I was 23 years old. I have ridden all the RAGBRAIs since then except five events. One of the years I didn't ride was the year my second oldest, Sam, was born in 2003. That year, RAGBRAI was going from Osceola to Knoxville on July 22. Sam's mother was 8 1/2 months pregnant. So, instead of riding, we invited our team to peddle the extra miles from Osceola to our house so that they could grill out with us and sleep scattered over our living room and dining room floors. Apparently, Sam didn't want to miss the festivities. His mother went into labor at about 11:30 while everyone was sleeping. We woke up the MD who was riding with us in case he needed to deliver en route to the hospital, as her contractions were progressing rapidly. We told the ambulance to come with lights only (no sirens), so as not to wake the other riders. Sam was born 20 minutes after we got to the hospital in Des Moines, at about 1 a.m. on July 23.



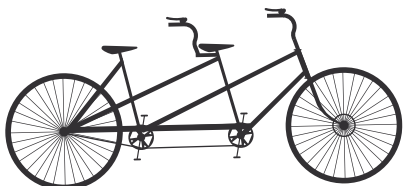
Since our son was born when RAGBRAI was at our house we count that as his first RAGBRAI – and he's been on every single one since. He started in a Burley, then a tagalong, then a tandem, then his own bike. Most recently, he drives our team RV. Our current team name is Team Inferno. We acquired that name in 2012 when, on our way out to the start of the ride, our then-RV caught fire and burned to the ground at the Stuart exit. Not to be deterred, we left the RV at the local salvage yard and waited for one of our riders to hitch a ride back to Des Moines to get his RV.

For the last three RAGBRAIs, I've been riding with my small parrot, Bebe. Bebe is a super friendly little bird – only about 7 inches from beak to tail feathers. He is fully flighted and takes delight in launching off my shoulder whenever he chooses to zoom over the heads of the riders. Sometimes he flies so far away that I lose track of him. But he never loses track of me. After anywhere from a minute to 10 minutes of flying, he returns to land on my shoulder and we continue on our way. Bebe has developed a fan base among RAGBRAI riders. They don't know who I am, but they have heard of Bebe. When he flies you will hear riders calling out "There's Bebe!" Of course, when we stop at a town, we get inundated by people who want selfies with Bebe on their shoulder. Bebe never tires of obliging.

With my history of RAGBRAI, it was natural for me to take up indoor cycling. My first indoor cycling class was at the Indianola YMCA (now the IWC) when it opened 11 years ago. About 8 years ago, I got recruited to be an instructor. I now teach the Tuesday and Thursday 5:15 a.m. class, sometimes with the help of Bebe. And, about once a month, I bring my special coffee machine so we can have coffee bar at the end of class. 😊



Bebe teaching Cycling.



It's the time of year... summer hits and then it's RAGBRAI season!  
We have two employees who are avid cyclists and never miss a ride.

## CASEY GARCIA, AQUATICS DIRECTOR

RAGBRAI has been a highlight of Casey's summers for the past 14 years as she cycles across the state during the last week of July. During her younger years, her now teenaged daughter would join her, but these days, Casey ventures solo. During RAGBRAI, Casey hits the road for business and pleasure. While on the ride, she works for a major bike charter named Pork Belly Ventures as one of the three bike mechanics. They are responsible for keeping 1,100 riders on the road. After spending all morning fixing bikes in one town, she hits the road on her own bike to reach the next by late afternoon, where she repeats the process.



*"enjoy the ride!"*



RAGBRAI has provided Casey with so many unforgettable memories, one of which is the kindness of lowans in the towns they visit. The riders she's met come from all over the world and have varying levels of experience. The diversity of bikes you encounter is only limited by your imagination.

RAGBRAI offers a fantastic way to spend a week surrounded by cornfields – as long as you remember to simply enjoy the ride!



**SAVE THE DATE!**



# **Birthday Party**

**August 3, 2024**



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**IF YOU ALREADY COMPLETED THE FORM, NO ACTION IS NEEDED.**

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