

CITY OF INDIANOLA MAGAZINE

Summer, 2025

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Holiday Closings

3rd Qtr 2025

All non-emergency city offices will be closed in observance of



INDEPENDENCE DAY
FRIDAY, JULY 4



LABOR DAY
MONDAY, SEPTEMBER 1

City of Indianola Magazine is published digitally each quarter by the City of Indianola, Iowa.

Kathy Kester, editor
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515.962.5307



Seasonal Reminders



Consumer Fireworks Permitted

Thursday, July 3 from 9 a.m. – 10 p.m.

Friday, July 4 from 9 a.m. – 11 p.m.

and

from 9 a.m. on Wednesday, December 31 to 12:30 a.m. on Thursday, January 1, 2026

Handling and using fireworks can be dangerous and caution should be used at all times.

Indianola City Ordinance 41.14 governs the use of fireworks in Indianola. City ordinances can be read here:

https://codelibrary.amlegal.com/codes/indianolaia/latest/indianola_ia/0-0-0-944



Noise Ordinance

Loud music is the most common violation of this ordinance. Whether in a residence or in a moving vehicle, music, if played loudly so as to impose on others, can result in the issuance of a citation. For special approved exemptions, a permit may be obtained from the Police Department.

**CITY OF INDIANOLA
MAYOR
AND CITY COUNCIL**



Mayor
Steve Richardson
515-961-9410
srichardson@indianolaiowa.gov



1st Ward
Council Member
Mellisa Sones
515-961-5407
msones@indianolaiowa.gov



2nd Ward
Council Member
Ron Dalby
515-961-9410
rdalby@indianolaiowa.gov



3rd Ward
Council Member
Steve Armstrong
515-971-4158
sarmstrong@indianolaiowa.gov



4th Ward
Council Member
Christina Beach
515-943-9999
cbeach@indianolaiowa.gov



At Large
Council Member
Josh Rabe
515-961-9410
jrabe@indianolaiowa.gov



At Large
Council Member
Robert (Bob) Lane
515-961-9410
rlane@indianolaiowa.gov

**MESSAGE FROM INDIANOLA MAYOR,
STEVE RICHARDSON**

After a thoughtful and thorough search, I'm pleased to announce that Jacob Meshke has joined the City of Indianola as our new city manager. Jacob has hit the ground running, meeting with department staff and community leaders as he begins his transition into this important leadership role. As city leaders, we are committed to supporting his success and helping him thrive in our community.

I'm genuinely excited to work alongside Jacob. Based on what I've seen and learned so far, he is an outstanding hire and a great fit for Indianola. I hope many of you will have a chance to meet him in the near future.

I also want to offer a heartfelt thank you to Chief of Culture and Recreation Doug Bylund, who served as interim city manager during the transition from March 10 to May 27. Doug stepped up in a big way and provided exceptional leadership during a critical time. While he's quick to give credit to staff and others, I want to publicly acknowledge his steady hand and calm presence, which played a vital role in keeping city government on course.

His experience, positive attitude and collaborative approach helped guide the City through the completion of our Fiscal Year 26 budget and many other pressing matters over nearly two months.

From my perspective as mayor, I am sincerely grateful for Doug's service and leadership. While I've shared my appreciation with him personally, I want to say again, publicly: Thank you.

Doug's dedication is just one example of the spirit of cooperation that runs deep in our City departments. As I've accompanied Jacob in his early meetings with staff, one question he's asked consistently is, "What do you like about working for the City of Indianola?"

The answer is nearly always the same: "The people."

Staff frequently express how much they value not only their own teams, but colleagues across departments. Many of them also mention how meaningful it is to give back to a community that has given so much to them.

Those are humbling and inspiring words.

From my seat as mayor to our part-time staff members, I truly believe our City employees care deeply about Indianola.

They listen.

They work hard.

And they strive every day to make this a city we're proud to call home.

Mayor Steve Richardson



CITY DIRECTORY

INDIANOLA CITY HALL

110 N 1st St • P.O. Box 299

515.961.9410

City Manager
Jacob Meshke

jmeshke@indianolaiowa.gov

City Clerk/Finance Director
Jackie Raffety

jraffety@indianolaiowa.gov

Deputy City Clerk/Finance Assistant
Cassandra Mosher

cmosher@indianolaiowa.gov

Human Resources Director
Courtney Silliman

csilliman@indianolaiowa.gov

COMMUNITY DEVELOPMENT

110 N 1st St

515.961.9430

FIRE DEPARTMENT

110 N 1st St

515.961.9405

Fire Chief
Aaron Hurt

ahurt@indianolaiowa.gov

POLICE DEPARTMENT

110 N 1st St

515.961.9400

Police Chief
Brian Sher

bsher@indianolaiowa.gov

SOUTH BUXTON OFFICES

111 S Buxton St

515.961.9410

Chief of Innovation
& Internal Services
Jason Holder

jholder@indianolaiowa.gov

Public Works Director
Akhilesh Pal

apal@indianolaiowa.gov

Communications Manager
Aaron Young

ayoung@indianolaiowa.gov

Facilities Manager
Jason Thompson

jthompson@indianolaiowa.gov

INDIANOLA PUBLIC LIBRARY

207 N B St

515.961.9418

Library Director
Michele Patrick

mpatrick@indianolaiowa.gov

INDIANOLA WELLNESS CAMPUS

306 E Scenic Valley Dr

515.961.9408

iwc@indianolaiowa.gov

PARKS & RECREATION INDIANOLA ACTIVITY CENTER

2204 W 2nd Ave

515.961.9420

Chief of Culture & Recreation
Doug Bylund

dbylund@indianolaiowa.gov

PARK SHOP

810 N 6th St

515.961.9425

Horticulturist Supervisor
Angie Buchanan

abuchanan@indianolaiowa.gov

Parks Supervisor
Marty Chittenden

mchittenden@indianolaiowa.gov

PUBLIC WORKS DEPARTMENT

706 N 6th St

515.961.9415

Superintendent
Caleb Adams-Brown

cadamsbrown@indianolaiowa.gov

VETERANS MEMORIAL AQUATIC CENTER

714 W Detroit Ave

515.961.9422

Open June - August

WATER RESOURCE RECOVERY DEPARTMENT

10939 Grimes St

515.961.9416

Superintendent
Jared Keenan

jkeenan@indianolaiowa.gov

Welcome to Indianola!

MESHKE ARRIVES AS CITY MANAGER

Jacob Meshke officially stepped into his new role as Indianola's city manager on May 28, bringing with him a strong background in municipal leadership and a clear vision for the community's future.



JACOB MESHKE

Previously the deputy city manager for the City of Brookings, South Dakota, Meshke was selected by the Indianola City Council following the adoption and approval of an employment agreement during the Council's regular meeting on April 21.

His experience in overseeing complex budgets, guiding infrastructure projects and fostering economic development made Meshke a standout candidate during the recruitment process, which was led by MGT – a national firm specializing in local government executive searches.

"We are very excited to have Jacob lead our staff and our city," said Indianola Mayor Steve Richardson. "He brings a strong track record of leadership, having managed larger budgets and teams in a bigger city, and his expertise in economic development has led to the successful completion of several major projects. Additionally, as a college town, we value our relationship with Simpson College, and Jacob has already expressed his commitment to strengthening that vital partnership. We're confident that he will be a tremendous asset to our community as we work together to move Indianola forward and continue building a community for all citizens."

Meshke has already begun settling into his new role and collaborating with City staff, elected officials and local organizations.

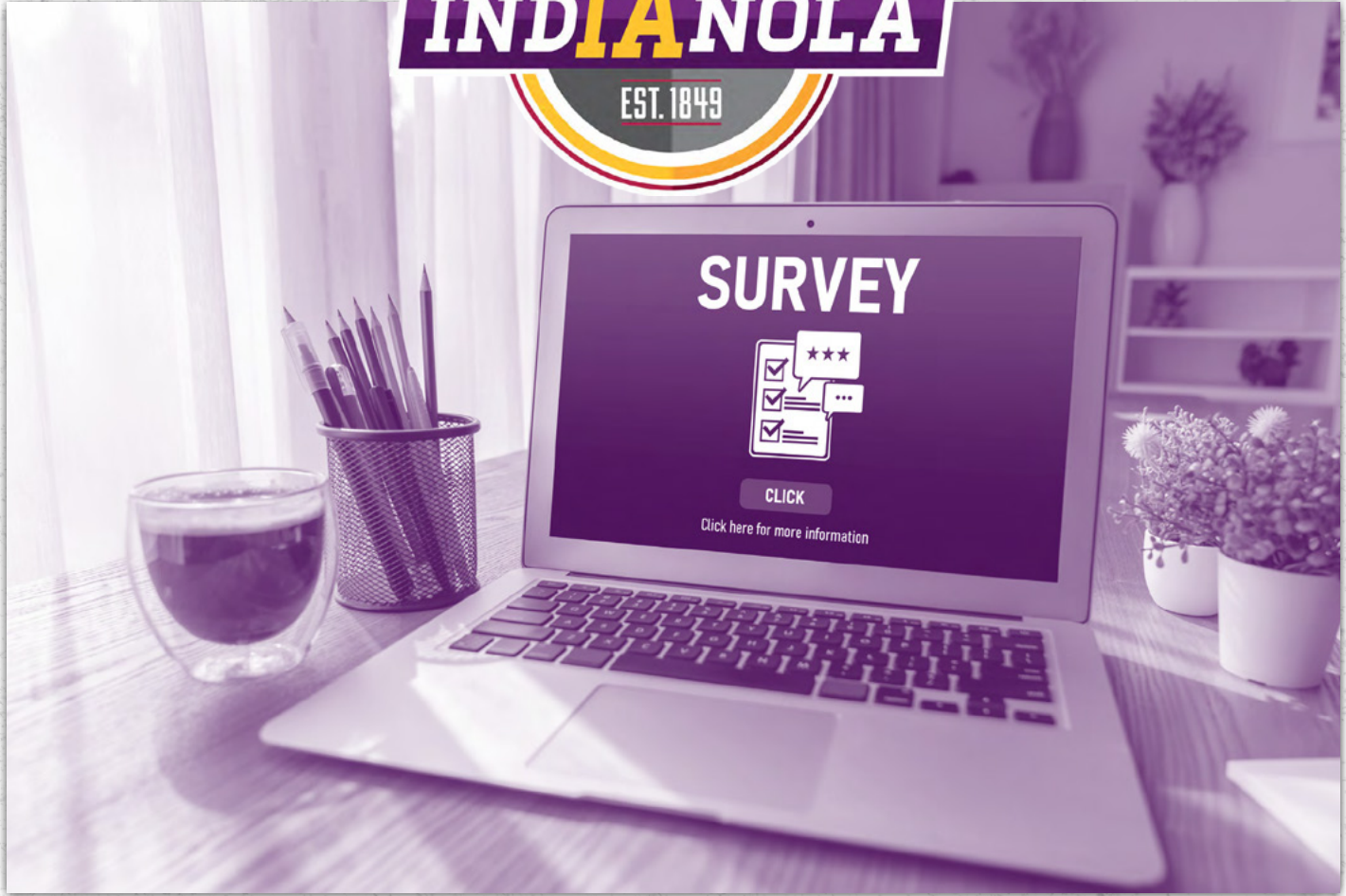
"I want to thank the Mayor and Council for their trust and support in selecting me to be Indianola's city manager," Meshke said. "I am incredibly excited, humbled and grateful to be part of this team and serve this community. I look forward to collaborating and working alongside City leaders, staff, community partners and residents to build on the great work already underway and to help shape Indianola's future together."

As city manager, Meshke oversees the day-to-day operations of the City and is charged with implementing policies set by the Mayor and City Council. His responsibilities include preparing the annual budget, hiring and supervising personnel, applying City ordinances, recommending programs and initiatives and advising the Council on the financial and operational health of the organization.

Prior to his time in Brookings, Meshke served as assistant village manager in Bayside, Wisconsin, and as a management analyst for the City of Casa Grande, Arizona. He holds a master's degree in public administration from Arizona State University and touts a decade of experience in local government management.



Indianola City Manager Jacob Meshke (center) talks with staff and citizens during the meet-and-greet event with finalists for city manager on April 1, 2025, at Simpson College's Hubbell Hall. Meshke joined the City on May 28, 2025. **AARON YOUNG/CITY OF INDIANOLA**



A BETTER CITY WEBSITE STARTS WITH YOU!

The City of Indianola is redesigning its website. Tell us what matters most.

Please share your thoughts by completing a short survey. To participate, scan the QR code with your mobile device or visit:



indianolaiowa.gov/website-redesign-survey

THANK YOU, WARREN COUNTY PHILANTHROPIC PARTNERSHIP!

The City of Indianola is excited to announce that the Indianola Fire Department, Indianola Parks and Recreation and the Indianola Police Departments are proud recipients of a 2025 Warren County Philanthropic Partnership Community Grant, as unveiled Tuesday, April 29, during a celebratory event at the Peoples Bank Administration Building.

The Warren County Philanthropic Partnership was organized to promote and enhance community-based philanthropy in Warren County. It recently received a state award to facilitate endowment building and grantmaking.

The contribution to the foundation was made possible by the Iowa General Assembly, the Warren County Philanthropic Partnership said. In 2004, the Iowa Legislature passed several bills to encourage foundation building and community-based philanthropy. Among these measures was House File 2032, which provided that non-gambling counties, initiating a county-wide community foundation, would be eligible to receive one-half of 1% of the state's gross gambling tax receipts.

According to the foundation, 47 grant applications were received for this year's cycle. Twenty-three organizations across Warren County shared in the funding allocations, totaling more than \$110,000 in grant awards.

Read the full announcement online at www.indianolaiowa.gov, and learn more about the projects that the Indianola Fire Department, Indianola Parks and Recreation and the Indianola Police Department will be supported by these grants.





Indianola Summer Art Festival Returns

A Weekend of Creativity, Community and Celebration
July 26-27, 2025 | Buxton Park

The Indianola Public Arts Commission is thrilled to welcome back the Indianola Summer Art Festival, a highlight of the summer season! Held in beautiful Buxton Park, this two-day celebration runs Saturday and Sunday, July 26-27, from 10 a.m.-4 p.m., rain or shine.

Scheduled alongside the National Balloon Classic, the Warren County Fair and the spirited Celebrate Warren County Parade, this weekend is packed with small-town charm and big, creative energy.

Featuring over 30 artists, the festival transforms the park into an open-air gallery of paintings, pottery, jewelry, textiles and more — each piece handmade and available for purchase.

Live Music & Food Trucks

Enjoy a relaxing atmosphere with live performances by singers, flutists, and pianists as you browse. Hungry? Grab a bite at one of the food trucks or take a break with yard games and shady spots throughout the park.

Catch the Parade!

Arrive early on Saturday to watch the Celebrate Warren County Parade pass by Buxton Park at 10:30 a.m. — a festive way to kick off the weekend!

Whether you're shopping, snacking or soaking up the sounds, the Indianola Summer Art Festival is the perfect place to enjoy local art and summer fun.



LEARN MORE.

SCAN THE QR CODE, OR VISIT
[HTTPS://WWW.FACEBOOK.COM/INDIANOLASUMMERARTFESTIVAL](https://www.facebook.com/INDIANOLASUMMERARTFESTIVAL)

INDY UNPLUGGED

A CITY OF INDIANOLA PODCAST

DIVE DEEPER INTO THE **STORIES,**
PROJECTS AND INITIATIVES
 OF OUR COMMUNITY.

Listen on **Apple Podcasts**

LISTEN ON **iHeartRADIO**

Spotify

Listen on **Podbean**



JOIN OUR TEAM

View current employment opportunities and sign up for job notifications online at www.indianolaiowa.gov/jobs

Full-Time Employee Benefits:

- Health insurance with optional HSA
- Prescription Drug Insurance
- Dental, Vision & Life Insurance
- Short & Long Term Disability
- Paid Holidays & Vacation
- Sick Leave
- Personal Time
- IPERS
- Wellness Program
- Deferred Compensation

CITY OF INDIANOLA • 110 N 1ST STREET, INDIANOLA, IA 50125 • 515-961-9410

Save the Date

FALL CLEAN UP

ONE DAY ONLY! FALL DROP OFF EVENT
SATURDAY, OCTOBER 18 9:00 A.M. - 1:00 P.M.

APPLIANCES · ELECTRONICS · HOUSEHOLD HAZARDOUS WASTE · LARGE BULKY ITEMS

NO CURBSIDE PICKUP IN THE FALL	INDIANOLA BRUSH FACILITY 1800 W. IOWA	ONE LOAD LARGE ITEMS PER HOUSEHOLD	FOR INDIANOLA RESIDENTS ONLY
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Adventure Passes



Check out your FREE PASS*
Available with your library
card.

- Blank Park Zoo
- Greater Des Moines
Botanical Garden
- Science Center of Iowa
- Des Moines Children's
Museum

**IPL Adventure Passes
available only to
residents of Indianola
and rural Warren
County*



subscribe

Stay tuned in! Sign up for our
monthly email with featured
events, books, and news.

REDUCED HOURS STARTING JULY 1

Mon - Thurs	10 a.m. - 8 p.m.
Fri & Sat	10 a.m. - 5 p.m.
Sun	closed

Quick links in this section

Storytimes

Tweens

Adults

Family

Teens

Friends of the
Library

STORYTIMES

with Janis & Kelsey



Weekly Storytimes

Tuesdays, Thursdays, & Saturdays

10:30 a.m.

Songs, shakers, and stories, so you can choose any day or come to all of them!

**No Storytimes in August*



SPLASH 'n' Story

Saturday, July 12, 10:30 a.m.

Indianola Aquatic Center

FREE!

Join Janis at the pool for this special edition of Tot Splash Time. Come at 10:30, with the interactive storytime to begin about 11:00. Then stay after for some exclusive time with your toddler. Swimsuits required! (Adult supervision required)

Library Playdate

Saturdays, all day

Meet friends at the Library to play with the EXCLUSIVE Library Playdate toys, only available on Saturdays!



Pajama Storytime

1st, 2nd, & 3rd Mondays

6 p.m.

Just like Storytime, but in your Pajamas!

**No Storytimes in August*

Bookwalk

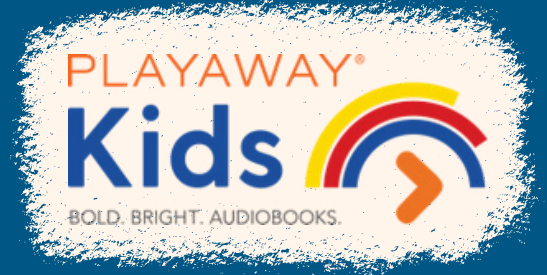
It's a great day for a walk and a story! Take a walk around the Library block and enjoy a picture book. Stories are updated regularly.

FAMILY LEGO CLUB

4th Mondays, 6 p.m.

Join us for a family night with Legos. You can accept Kelsey's challenge or build whatever you want!

*No Lego Club in August.



Playaway kits for young readers. Each kit comes with an MP3 recording and a physical copy of a chapter book. Browse our collection online.

CHESS CLUB

2nd & 4th Thursdays, 6 p.m.

Puzzles, game notation challenges, and plenty of game play! For finished 3rd -12th grade, all skill levels.

*No Chess Club in August

CHESS CLUB TOURNAMENT

Saturday, July 12, 1 p.m.

Limited to 30 players. Must be students who have finished grades K-12.

Everyone will play all rounds, and prizes will be awarded for the top players. All participants need to know the rules of chess, but no previous tournament experience is required.



Registration is required. Scan here to register.



Christmas in July

FAMILY BINGO Friday, July 18, 6 p.m.

Cool off with holiday-themed Bingo for the whole family. Snacks and presents - I mean, prizes - provided.

*registration requested, as space is limited

scan here to register



SUPER SMASH BROS. TOURNAMENT

Friday, July 11, 5:30 p.m.

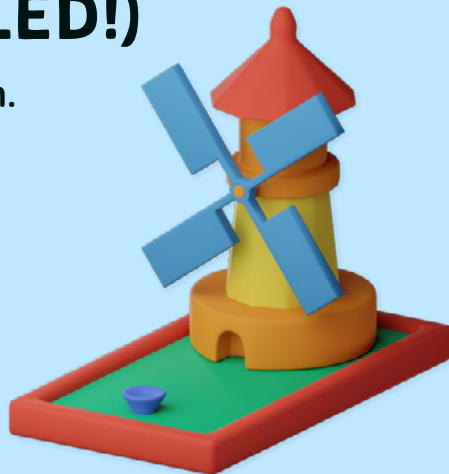
Do you have what it takes to win a Super Smash Bros Tournament? Registration is required for pizza count, opens June 1. Grades 6-12 only. **Registration required.**



(RESCHEDULED!)

Friday, Aug. 1, 5:30 p.m.

Join Kelsey for a night of mini golf provided by Pop Up Games. Registration required. Grades 6-12 only.



teen HANGOUT



Wednesdays through July 2:30 - 4:30 pm (drop-in)

Play board games, and video games (Nintendo Switch & Wii-U), do crafts, watch movies, eat, and hang out. Teens finished grades 6-12 during the summer.

No Hangouts August 6-20. Hangouts return Wednesday, August 27. Teens in grades 6-12 during the school year.

JUNK JOURNAL

Wednesday, Sept. 3, 2:30 - 4:30 p.m. (drop-in)

Express your creativity! Create a handmade journal with recycled materials. You can bring any materials. Supplies will also be provided.

ART CART

Saturdays in the Teen space

Drop in if you are feeling creative! The Art Cart will be located in the teen room. Bring your sketchbook; supplies are provided. Grades 6-12 only.

adults



FALL BOOK PAGE CRAFTS

Thursday, Sept. 4, 6:30 p.m.

Give damaged books new life with these fall themed book page crafts! We will create garlands, pumpkins, and more fall décor projects. Supplies will be provided but extra books to craft with are appreciated. Bring in your ripped, marked up, or (dried) water damaged books and make them into something new!

SCAN
HERE TO
REGISTER



Puzzle Competition

Thursday, July 17 & Sept. 18, 6 p.m.

Teams of up to 5 will compete to finish their puzzles and win a prize! Puzzles are 500 pieces. Registration required.

SIP & PAINT

WITH JACY

Friday, July 25, 6 p.m.

Paint with acrylics and sip a mocktail!
BYOB (beer and wine only).
Registration required.

SCAN HERE TO
REGISTER



adults



bingo.

1st Tuesdays, 6:30 p.m.

No Bingo in August.

Play bingo at the library for the chance to win a prize!

*BYOB, beer and wine only. Adults 18+.



tbr book club

4th Mondays, 6:30 p.m.

Let's talk books! Instead of an assigned book each month, we'll chat about whatever you've been reading recently or what was in your TBR bag. All are welcome even if you haven't heard of our To Be Read service before.

It's never too late for a Plot *Twist*.

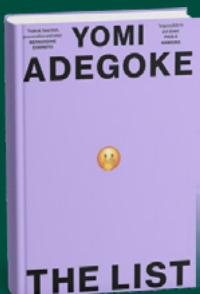
Book Clubs

Morning Book Club
2nd Fridays, 10 a.m.

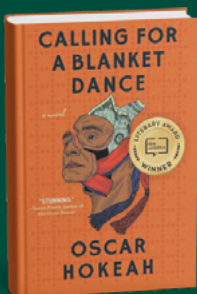
Evening Book Club
4th Tuesdays, 6:30 p.m.

Morning Picks

Evening Picks



July



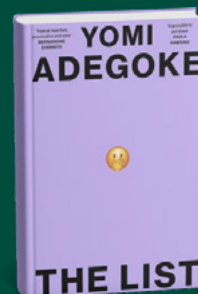
August



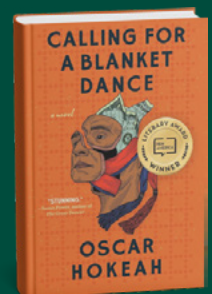
September



July



August



September



diy bee baths



Register here



Thursday, July 10, 6:30 p.m.

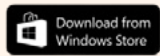
This small addition to your garden is a big help to local pollinators! All supplies will be provided to make and take home your own bee bath. **Registration required.**

houseplant swap

Thursday Aug. 21, 4-8 p.m. (drop-in)

Bring your extra houseplants or cuttings and take some new ones home! Trading is encouraged but not required. Please ensure plants are free from pests and be prepared to share some information about them.





Libby app

The one-tap reading app from IPL & OverDrive. For ebooks, eaudiobooks, emagazines, and more.

libby 101

Thursday, Aug. 28
2-3 p.m. (drop-in)

Learn all the tips and tricks you need to get ebooks and audiobooks right on your phone or other device.



with Ann Hanigan Kotz

PROHIBITION & Iowa's Bootlegging Legacy

Thursday, July 31, 6:30 p.m.

Join Iowa historical fiction writer, **Ann Hanigan Kotz**, as she takes you through the distant past, beginning with the murder of a pastor in **Sioux City**, the tarring of an official by the **Iowa City Beer Mafia**, the rumrunning of Iowa's infamous rye whiskey in **Templeton**, and ending with the current exploits of today's underground whiskey business.

Attendees over 21 can participate in a complimentary whiskey tasting, with valid ID.

LIBR ARIES BUILD COMM UNITY



Support the Friends.
Buy a RAYGUN tshirt!



Join the Friends!

The Friends of the Indianola Public Library Foundations supports the goals of the library.

In doing so, they are the sole-supporter of the summer reading program, have and continue to provide support for remodeling projects, as well as fund events and services such as the Elephant & Piggie Party and To Be Read.



Scan the QR code to join to make a difference in your community!

Indianola Parks and Recreation

Indianola Activity Center, 2204 W. 2nd Ave (Hwy 92 West)
Mondays-Wednesdays, Fridays 8 a.m.-5 p.m. • Thursdays 9 a.m.-5 p.m.
(515) 961-9420 parkrec@indianolaiowa.gov



Quick links in this section

[Aquatics](#)

[Mayor's Youth Council](#)

[Special Events](#)

[Youth & Adult Sports](#)

[Youth & Family Programs](#)

[Adult Programs](#)

[Adults 50+](#)

[The Zone at Indianola Middle School](#)

[City Map](#)

VETERANS MEMORIAL AQUATIC CENTER

714 W DETROIT • 515.961.9422 • INDIANOLA.IOWA.GOV/VMAC

OPEN DAILY THRU SUNDAY, AUGUST 17



OPEN SWIM HOURS

Mon/Wed/Fri 1-7 pm
 Tues/Thurs 1-6 pm
 Sat/Sun 1-5 pm

MON/WED/FRI/SAT THROUGH AUGUST 15

10:30-11:45 pm Tot Splash
 11:50 am-12:50 pm Adult Swim

ADMISSION DAILY GENERAL ADMISSION

\$7.00

AGES 2 & UNDER SWIM FREE
 WITH PAID ADULT ADMISSION

HALF PRICE ADMISSION
 MON-FRI AFTER 5 pm
 SAT/SUN AFTER 4 pm

VETERANS ALWAYS SWIM FREE

PRESENT YOUR I.D.
 WHEN YOU VISIT THE FACILITY,

OR SIGN UP FOR A LIFETIME PASS
 AT PARKS & RECREATION
 2204 W. 2ND AVE (HWY 92)
 MON-FRI 8 A.M.-5 P.M.

Tot Splash Time

Mon/Wed/Fri/Sat
 through August 15
 10:30 - 11:45 am

Ages 6 & under with adult
 Admission \$3.00/person
 or free with Season Pass

Splash & Story

Saturday
 July 12

10:45 - 11:15 am

FREE TOT SPLASH ADMISSION
 Janis from the Indianola Public
 Library will share stories while
 we're in the water!

**Water play before and after
 story time.** Parental
 supervision is required.

Adult Lap Swim & Water Walking

Mon/Wed/Fri/Sat
 through August 15
 11:50- 12:50 pm

Admission \$3.00/day
 or free with Season Pass

Open Night Swims

1st & 3rd & 5th
 Wednesdays
 7:00 - 8:30 pm
 July 2, 16 & 30

Admission \$3.50/person
 or free with Season Pass

Hy-Vee

Special Needs Swim Nights

Wednesdays, 7:00-8:30 pm
 July 9 & 23

Each special needs swimmer must be accompanied one-on-
 one in the water at all times by an adult or SCL worker.
 All ages invited.

Admission FREE thanks to our sponsor, Indianola Hy-Vee!

Sign up for
 Aquatic
 Center
 text alerts!

CLOSURES
 EVENTS
 & MORE!



FREE
Family
Fun!

Parks & Rec Day at the Warren County Fair Thursday, July 24

Indianola Parks & Rec • Carlisle Parks & Rec • Norwalk Parks & Rec

Battle of the Birds!

9:00 a.m.

Rooster Crowing Contest

Age divisions: 6 & under, 7-12 years, 13-17 years, adults
No birds allowed in this quest for the best rooster imitations.
Win this contest, and you can crow all year!



Mane Event!

9:30 a.m.

Braids, Mullets, & Mohawks

One division - all ages
Judges will declare winners in each hair category, plus an overall Best of Show. So show us your best!



Clone Club!

10:00 a.m.

Twins, Triplets & More

Age divisions: 2 & under, 3-6 years, 7-12 years,
13-17 years, adults
Whether you are true twins, triplets or multiples... or
you are twinning with friends or family, this contest is for you!



Cookie Carnage!

10:30 a.m.

Face Off Cookie Challenge

Age divisions: 6 & under, 7-12 years, 13-17 years, adults
Can you get a cookie to move from your forehead to your
mouth without using your hands? In 2 minutes or less?



Chomp, Chew, POP!

11:00 a.m.

Bubble Gum Blowing Contest

Age divisions: 8 & under, 9-17 years, adults
Think you can blow the biggest bubble?
Prove it!



Balance or Bust!

11:30 a.m.

Tree Pose Challenge

Age divisions: 6 & under, 7-12 years, 13-17 years, adults
Test your balance in this new challenge. Can you hold the
yoga tree pose longer than your neighbors?
Last one standing wins!





Peoples Bank

FAREWELL TO SUMMER!

SUNDAY, AUGUST 17 1:00-3:30 PM

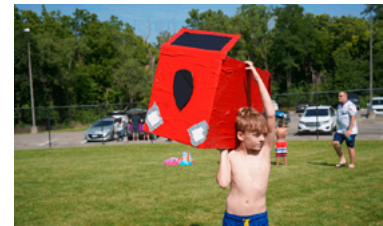
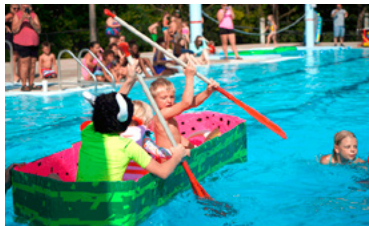
VETERANS MEMORIAL AQUATIC CENTER

FREE ADMISSION ON CLOSING DAY,

THANKS TO OUR SPONSOR,

PEOPLES BANK!

**SWIM
FREE!**



**STAY &
CHEER
THEM ON!**

CARDBOARD BOAT RACES

WHO WILL RULE THE POOL IN 2025?

SUNDAY, AUGUST 17 4-5 PM

MAKE YOUR BOAT USING CARDBOARD & DUCT TAPE ONLY!

RACES FOR SINGLES, TEAMS AND FAMILIES!

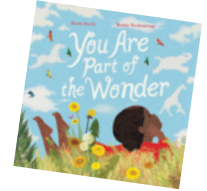
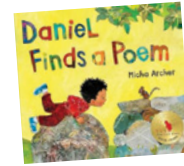


StoryWalk

Buxton Park
705 N Buxton St

Visit the park this spring and summer to read ***Daniel Finds a Poem*** by Micha Archer, and ***You are Part of the Wonder*** by Ruth Doyle.

Read a nature story while you follow its pages through Buxton Park. Stories will begin by the Children's Garden.



Indianola's StoryWalk® is sponsored by Indianola Parks & Recreation and by Friends of the Indianola Public Library.



Monarch Tagging

Saturday, September 20
1:00 p.m.
Buxton Park
705 N. Buxton Street

Class will be led by a Warren County Conservation Naturalist.

Learn about monarch butterflies, and how to catch, handle, and tag them as part of a national research project. All tagged monarchs will be released back into the wild. Bring a net if you have one.

Free class, but please register by Thursday, September 18. Call 515.961.6169 or visit www.warrenccb.org/events.



Sweet Creations: Double Chocolate Chip Cookies

Saturday, September 13
9-10:30 a.m.
Indianola Activity Center
2204 W. 2nd Avenue

Join The Cookie Lady, Anna Smith, for a fun, hands-on class making Double Chocolate Chip cookies with real butter and sweet and milk chocolate chips. We'll bake cookies in class, plus take dough home to enjoy later. Anna brings over 10 years of baking experience to this delicious session! Registration deadline is Sept. 6.
Fee: \$27



Stand Up Paddle Boarding

Tuesday or Thursday, 8/5 & 8/7
6-7 p.m. Kids (age 3-14)
7-8 p.m. Adults

Veterans Memorial Aquatic Center
714 W. Detroit

A Warren County Conservation Board naturalist will lead these classes for youth and adults. Programs are subject to weather conditions and may need to be rescheduled or canceled.

Fee: \$10

THE ZONE

Mondays & Thursdays
3:20-5:00 p.m.
September 15, 2025 - April 23, 2026

in the
Indianola Middle School Cafeteria

Supervised, active fun along with a healthy snack,
 theme days, contests, games, study help & more!

Since 2008, Indianola Parks & Recreation has offered
 a **FREE** after-school program
 for Indianola Middle school students!

The Zone is a drop-in program for students at Indianola Middle
 School, offered by Indianola Parks & Recreation.

Students check in with a supervisor upon arrival and
 check out if leaving before 5:00 p.m. The program is closed
 on school holidays, early dismissal days, teacher work days,
 and during inclement weather.

To ensure a fun and safe environment, students must adhere
 to all posted rules and staff instructions.

For a complete list of rules, please visit our website.

**Pre-register for The Zone
 prior to September 15th
 to avoid long lines
 on the first days!**

**Visit our website
 to pre-register for The Zone
 www.indianolaiowa.gov**

Our staff may take
 photos of participants at
 our activities for city use.
 Student names will not
 be used.

Let us know if you
 have concerns about
 your child being
 photographed.

Donations of all sizes are welcome.

The Zone is dependent on the financial support and generosity
 of local businesses, families, and individuals.
 You may send your program contribution to:
 The Zone c/o Indianola Parks & Recreation,
 2204 W 2nd Ave, Indianola, IA 50125



INDIANOLA MAYOR'S YOUTH COUNCIL



MYC organized a Go Gold event during an Indianola High School volleyball game to raise childhood cancer awareness. Members held a 50/50 raffle during the game and raised \$400.00 to donate to Unravel Iowa, an organization dedicated to spreading awareness and funding childhood cancer research.



We welcomed new 2024-25 members!
Back row: Karter L., Tate B., Colton C., and Peyton W.
Front row: Lily M., Alana M., Leah H., Maya W., and Raegan B.



We had the opportunity to strengthen our relationship with one another, build on our communication skills, and work through a series of challenges together at Stowe Heights.



MYC participated in Home for the Holidays, helping children write letters to Santa. Members collected monetary donations at the event to ensure Indianola High School and Middle School students in need could receive gifts for Christmas. After the event, members went shopping for those students and wrapped the gifts to be ready for Christmas Day.



We visited Harvest Academy Iowa, gaining insights into their program and learning the stories of some of their students.

INDIANOLA MAYOR'S YOUTH COUNCIL



MYC toured the Indianola Chamber of Commerce and learned how the Chamber supports businesses, fosters a thriving community and promotes tourism.



Our 2024-2025 MYC Officers presented to the Rotary Club of Indianola during their April meeting. They shared what our council does, how we impact the community, and how we are building leadership skills among youth.



The last trip of the school year was to Howell's Greenhouse & Pumpkin Patch. MYC members learned about the farm's history and how they care for the plants and animals. They ended the visit by feeding and petting the animals.



We elected our 2025-2026 Mayor's Youth Council Officers. We want to extend a heartfelt thank you to our outgoing officers for their outstanding service and leadership.

Pictured Left to Right:
Vice President Peyton W., President Gabe G.,
Secretary Hadley E., and Treasurer Leia G.

DO YOU KNOW AN INCOMING 9TH GRADER WHO WOULD BE A GOOD CANDIDATE FOR MYC?

WE'LL BE LOOKING FOR FRESHMEN IN THE FALL TO JOIN THE COUNCIL. WATCH FOR DETAILS REGARDING THE APPLICATION PROCESS IN THE HIGH SCHOOL ANNOUNCEMENTS.

AND DON'T FORGET TO FOLLOW INDIANOLA MAYOR'S YOUTH COUNCIL ON FACEBOOK AND INSTAGRAM TO STAY CURRENT ON MYC PLANS AND ACTIVITIES!



Youth Flag Football Leagues

Practices and games held 5:30, 6:30 and 7:30 p.m. on Mondays and/or Tuesdays starting Monday, August 11 Pickard Park 2205 E 2nd Ave (Hwy 92)

Grade Fall 2024	Fee
1st - 3rd grade	\$57
4th - 6th grade	\$57

Placement guaranteed when registered by Sunday, July 13. \$15 late fee after 7/13, if a spot is available after the deadline.



Fall Adult Coed Slowpitch Softball League

Thursdays Games played at 6:15, 7:15, 8:15 & 9:15 p.m. Pickard Park 2205 E. 2nd Ave (Hwy 92).

12-game season with single elimination tournament after the regular season. ASA rules with modifications.

*Must be 18 years old to participate

Registration deadline: Sunday, July 27

Game Day	Start Date	Fee
Thursday	Thursday, August 7	\$372



Adult Bags Leagues

Games start at 6:15 p.m. Pickard Park 2205 E. 2nd Ave (Hwy 92).

6-week season followed by single elimination tournament. BYOB. *Must be 18 years old to participate

Registration deadline: Sunday, July 27

Game Day	Start Date	Fee
Thursday	Thursday, August 7	\$35



Yoga in the Park

Saturdays at 9:00 a.m. Through September 27 Buxton Park 705 N Buxton St

EXCEPTION: Meet at 7:00 am at the Memorial Balloon Field during the National Balloon Classic on July 26 & August 2

This program for adults is FREE, thanks to our volunteer instructors.

Baby goats will join us for yoga on September 6!

Register for our Yoga in the Park text group for weather cancellations at indianolaiowa.gov/PRtexts



Composting 101

**Tuesday, September 16
7:00-8:30 p.m. Indianola
Activity Center 2204 W.
2nd Ave (Hwy 92)**

Learn how to compost your yard waste and use the completed compost to enhance your yard and garden in our upcoming class taught by Master Gardener Sue Thompson, who has 40+ years of experience.

Fee: \$7



Chance to Dance

**Tuesdays
6:30-8:00 p.m.
October 7-28
Indianola Activity Center
2204 W. 2nd Ave (Hwy 92)**

Here is your chance to have fun and learn some of the most popular dances done at receptions and parties. Learn ballroom classics like the Waltz, club favorites like the Swing and Two Step, popular line dances and more!

Our instructor, Steph Steveson, has been teaching dance for over 15 years, and gets rave reviews from participants.

Fee: \$53/person



**F.R.I.D.A.Y
F.R.I.E.N.D.S**

ACTIVITIES, COMMUNITY & FUN
FOR YOUNG ADULTS WITH DISABILITIES

FRIDAYS • 4-5 p.m.

**July 18
Aug 1, 15 & 29
Indianola Activity Center
2204 W. 2nd Ave**

**August 22
Lighthouse
Community Center
109 W. Boston Ave**

**Other Summer Activities
Wednesdays July 9 & 23
7:00-8:30 p.m.
Hy-Vee Special Needs Swim Nights
Veterans Memorial Aquatic Center**

**August 8 4-5 p.m.
Bonfire
Indianola Community Church
14424 Kennedy St, Indianola**



Tuesday Tunes & Treats

FREE CONCERT SERIES • OPEN TO THE PUBLIC
 HOSTED BY INDIANOLA PARKS & RECREATION AT THE
 INDIANOLA ACTIVITY CENTER • 2204 W 2ND AVE (HWY 92)



David Watson

Tuesday, August 5 • 1 p.m.

David Watson is a dynamic entertainer and showman whose high-energy performances span country and classic rock hits from the '50s to today. With a rich career from cruise ships to Las Vegas, he wowed a packed house when he played here in February, delighting the audience with sing-alongs, charisma, and timeless favorites.

Concert sponsored by



Beggars' Bargain

Tuesday, September 16 • 1 p.m.

Beggars' Bargain is a folk-Americana duo from Des Moines, blending rich harmonies, gritty emotion, and heartfelt storytelling. Inspired by artists like Shakey Graves and Nathaniel Rateliff, their intimate performances explore resilience, nature, and joy — creating a timeless, soulful sound rooted in connection, creativity, and the everyday poetry of life.

Concert sponsored by



Health Plan

AFTERNOON

Adventures



Sponsored by

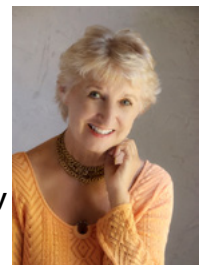


FREE SPEAKER SERIES • OPEN TO THE PUBLIC • HOSTED BY INDIANOLA PARKS & RECREATION
 INDIANOLA ACTIVITY CENTER • 2204 W 2ND AVE (HWY 92)

Nancy Drew: Iowa's Heroine to the World

Tuesday, July 15 • 1:00 p.m.

Discover the untold story behind teen detective Nancy Drew in *Nancy Drew: Iowa Heroine to the World*. This free program highlights Iowa author Mildred Augustine, who created Nancy's iconic character and wrote 23 of the first 30 mysteries — empowering generations with a legacy of courage, curiosity, and Midwest pride. The presentation is led by author and recently retired University of Northern Iowa English professor Barbara Lounsberry.



Barbara Lounsberry

Voices of the Underground Railroad

Tuesday, August 26 • 1:00 p.m.



Join storyteller Darrin Crow as he shares *Julia's Escape*, the story of two enslaved families fleeing to freedom with the help of the brave citizens of Salem, Iowa. Set in 1848, this powerful tale highlights courage, community and the daring spirit of the Underground Railroad. Darrin last captivated the audience at the Activity Center in fall 2023 with his program on Edgar Allan Poe.



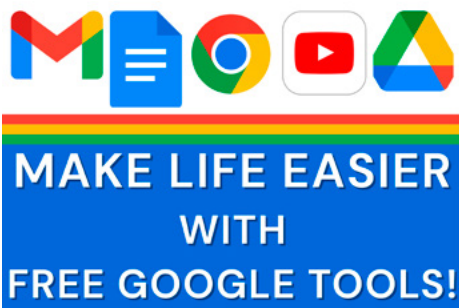
Internet Sleuthing 101: Search Like a Pro!

**Monday, August 4
1-3 p.m.
Indianola Activity Center
2204 W. 2nd Ave (Hwy 92)**

Level up your search skills in this fun, hands-on class!

Learn smart keyword strategies, Boolean operators, image searches, free government sites, and scam avoidance. Discover how to find people, deals, events, and local resources. **Bring your curiosity — and your own internet-connected phone, tablet or laptop.**

Free class, but please register because space is limited.



Learn Google: Free Tools to Make Life Easier!

**Monday, August 18
1-3 p.m.
Indianola Activity Center
2204 W. 2nd Ave (Hwy 92)**

Explore Google's free tools in this hands-on class!

Learn to use Gmail, Docs, Drive, Chrome, and YouTube, plus how to create a Google account. Whether you're new or need a refresher, gain confidence using these programs.

Bring your own laptop for this interactive session.

Free class, but please register because space is limited.



T-Shirt Glow-Up: Paint, Patch & Personalize!

**Monday, August 25
1-4 p.m.
Indianola Activity Center
2204 W. 2nd Ave (Hwy 92)**

Bring a new tee to decorate, or revive an old favorite with stains or holes by turning it into wearable art. Whether you're covering up or glamming up, you'll leave with a one-of-a-kind creation that's totally you.

Give your T-shirt a second chance - or a stylish new twist! In this creative, hands-on class, you'll learn fun and inexpensive techniques to paint and personalize shirts like a pro.

All you need is a T-shirt and your imagination - let's make fashion fun again!

Fee: \$5
Registration deadline: Monday, August 18

Indianola Activity Center

2204 W 2nd Ave (Hwy 92 W) • 515.961.9420

OPEN 8 A.M.-5 P.M. • MONDAY-FRIDAY

The Indianola Activity Center provides a welcoming environment where our community's adults ages 50 or better can engage in a healthy and active lifestyle and enhance their quality of life.

All activities are free unless noted, and there is currently no membership fee. Suggested donation \$2/week.

Exercise Classes

(Drop in - no registration necessary)

Yoga

Mon/Wed/Fri 8-9 a.m.

Bring mat, towel and water bottle

Stretch & Strengthen

Exercise

Mon/Wed/Fri 9-10 a.m.

Gentle workout

Instructor-led class on Mondays;

Video class on Wednesdays &

Fridays

Move & Groove

Tues/Thurs 8-8:45 a.m.

This fun, engaging class led by Michelle Nieuwenhuis is for everyone-whether you want to cardio dance on your feet, or move from the comfort of a chair!

Line Dancing

Tues/Thurs 9-10:30 a.m.

Pickle Ball

Wed & Thurs at 1 p.m.

Paddles available, or bring your own.

Weekly Programs

Bingo

Fridays • 1-3 p.m.



MERCYONE.

Health Plan

Cards (Hand & Foot)

Mon/Tues/Thurs • 10 a.m.-Noon

Cribbage

Mon & Wed • Noon-3 p.m.

Mah Jongg

Mondays • 12:30-3:30 p.m.

Beginners welcome.



The Indianola Activity Center offers a **free monthly e-newsletter** called Silver Linings.

Ask about it when you come to visit, or call our office at (515) 961-9420 to join our mailing list.

For Your Enjoyment

Rooms open Mon-Fri 8 a.m.-5 p.m.

Fitness Room

2 treadmills, exercise bike

Pool/Snooker Room

Cues available or bring your own.

Puzzle Exchange

Stop by the lobby to borrow or lend jigsaw puzzles. FREE!

Thank you, Friday Favorites Sponsors!



Save the Date!

Fall Festival & Open House

Tuesday, Oct. 21

3 - 5 p.m.

Indianola Wellness Campus

306 E. Scenic Valley Ave.

*Explore our
community's
resources and
services for
ages 50 or
better!*

*Tour the
Wellness Campus!*

Mark Your Calendar!

Need a Ride to the Activity Center?



Call HIRTA Public Transit
1-877-686-0029 or visit
www.ridehirta.com

Register for Parks & Rec Programs

www.indianolaiowa.gov/PRregister
or call 515.961.9420



REGISTRATION DEADLINE

Seven days prior to program start date unless otherwise noted.

REFUND POLICY

Unless otherwise noted, refunds/credits will gladly be given as long as your refund request is made by 5:00 pm on the business day prior to the start of the program, less all costs already incurred. Any time after that date, a pro-rated refund/credit will only be granted for illness, medical reasons or other unavoidable circumstance. Physician's written verification required. Must make request within 7 working days.

PROGRAM CANCELLATION

We reserve the right to cancel a program or activity that does not meet the minimum number of participants.

REGISTRATION REMINDERS

- Participants' age must fall within age requirements by the program's beginning date.
- Participants are not registered until payment is received.

ACCOMODATIONS

If you need special accommodations to participate, please contact our office by phone or in writing. We are waiting to serve you.

PLEASE NOTE:

Participants in any program assume full responsibility for any risk, implicit or direct, by participation in said activity or utilizing facilities. You are advised that the City does not provide medical insurance covering injuries to participants.

ATTENTION ACTIVE PARTICIPANTS

By their very nature, many Parks & Recreation programs involve body contact, substantial physical exertion, emotional stress, and/or use of equipment, which represents a certain risk to users. Our recommendation is to check with your physician prior to participating in these activities.

PHOTOGRAPHS

Photographs may be taken by our staff at activities and events, including The Zone. These are for department use and may be reproduced in city publications and on our website. If you have concerns about your child being photographed, let us know.

WEATHER CANCELLATIONS/DELAYS

Cancellation decisions are not usually made until after 4:00 pm in an effort to allow for Iowa's quickly changing weather conditions. Many programs and ALL sports leagues have text alert groups for these and other messages.

Scan the code to join the group(s)
of your choice or visit
www.indianolaiowa.gov/PRtexts
to receive text updates for programs and
leagues.



Facility Rentals

indianolaiowa.gov/PRrentals

ACTIVITY CENTER

The Buxton Room at Indianola Activity Center is available for daily rentals on Saturdays, Sundays & city-observed holidays. Full kitchen and other amenities included.

Capacity 200 • Available 8 am - midnight
Reserve up to one year in advance

Fee: \$400 no alcohol/ \$600 if alcohol will be present PLUS

Deposit: \$200 no alcohol/\$400 if alcohol will be present

Both fee and deposit are due when reservation is made.

Deposit non-refundable if reservation is canceled. All or part of the deposit may be used to pay for any damages caused during the rental. Amount of deposit in no way limits the monetary amount of damages for which the renter may be responsible.

SHELTERS

Park shelters may be reserved online or over the phone up to one year in advance. Electricity & water are available from April 15 - October 15. Reserve any time slot between 6 am -10 pm. Five parks have reservable shelters: Barker Park, McCord Park, Memorial Park, Moats Park & Pickard Park.

Shelter Fee Schedule

Duration	Residents
1-4 Hours	\$40
Each add'l	\$10



Indianola Dog Park

Located at Downey Memorial Park

1 mile south of Warren County Fairgrounds,
1710 South K St • Water available 4/15 - 10/15.

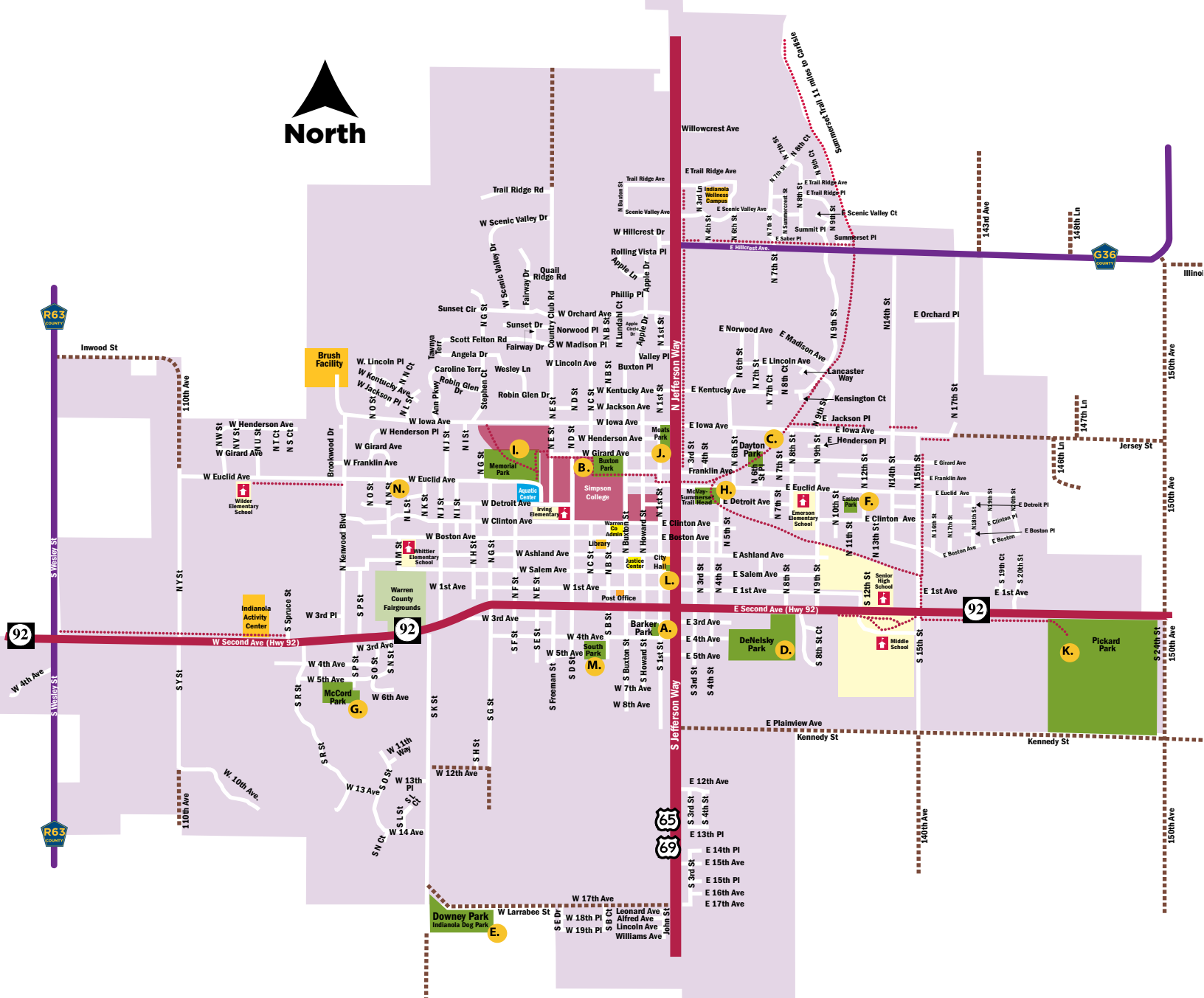
Open Daily Year-Round 7 am - 11 pm

Annual Permits Required (\$25 per dog)

To Purchase Your Dog's Annual Permit, bring proof from your veterinarian that your pet's rabies and distemper/parvo vaccinations are current to the Parks & Rec office, 2204 W. 2nd Ave (Hwy 92).
DOGS MUST BE AT LEAST FOUR MONTHS OLD.



INDIANOLA, IOWA



A. Parks Key on page 36.

MAP KEY	
	City limits
	Off-street trails
	Gravel roads





			Acres	Open Space	Woods	Flower Gardens	Picnic Tables	Grill	Shelter	Playground Equipment	Benches	Restrooms (Modern) 🌟	Portable Restroom 🌟	Hiking Trails	Bike Trails	Parking Lot	Drinking Fountain 🌟	Ball Fields	Basketball Court	Sand Volleyball	Skate Park	Aquatic Center	Amphitheater	Off-Leash Dog Park	Disc Golf Course	Horseshoe Courts	Pond	Arboretum	Children's Garden	Fountain & Gazebo
A.	Barker Park	401 S 1st St	1	x			x	x	x	x	x		x						x											
B.	Buxton Park	705 N Buxton St	5.4	x		x																						x		
C.	Dayton Park	800 E Franklin Ave	1	x				x					x																	
D.	DeNelsky Park	509 E 4th Ave	22.9	x			x	x						x																
E.	Downey Memorial Park	1710 S K St	10.6	x									x																	
F.	Easton Park	1211 E Euclid Ave	2.4	x			x	x																						
G.	McCord Park	900 S P St	16.2	x				x																						
H.	McVay & Summerset Trail Head	501 N 5th St	13.3				x																							
I.	Memorial Park	602 N G St	13				x	x																						
J.	Moats Park	900 N 1st St	4	x			x	x																						
K.	Pickard Park	2205 E 2nd Ave	160	x			x	x																						
L.	Sesquicentennial Park	110 N 1st St	.4			x																								
M.	South Park	401 W 4th Ave	4.4	x																										
N.	Willow Creek Totlot	North N & West Euclid	.7				x																							

Parks shown on page 35 map. 🌟 Available 4/15 - 10/15

Indianola Wellness Campus

306 E. Scenic Valley Ave. • (515) 961-9408 • iwc@indianolaiowa.gov

Summer Hours Through September 1, 2025

Mondays-Thursdays 5 a.m.-8 p.m. • Fridays 5 a.m.-7 p.m. • Saturdays 7 a.m.-4 p.m. • Closed Sundays

Quick links in this section

Families Welcome Here

Group Exercise

Aquatics/Swim Lessons

Water Exercise

Birthday Parties

Virtual Workouts

Memberships & Passes



INDIANOLA WELLNESS CAMPUS

FAMILIES WELCOME HERE!



Our Learn & Play program at the Indianola Wellness Campus demonstrates our commitment to families, offering parents a chance to work out while their children are being cared for in a safe, fun, and engaging environment.

The Learn & Play Center serves children who are between 6 weeks and 9 years old.

As part of our family membership, parents can enjoy **up to two hours of childcare per day** while they attend classes or work out in our facility.

Member Feedback

The kids love going to the Learn and Play Center. They always have tons of art to show me when I pick them up.

The kids also love going swimming after I work out, or doing one of the kids' programs on the Les Mills virtual cart.

LEARN & PLAY HOURS

MORNINGS

8-11 A.M. MONDAY - SATURDAY

EVENINGS

4-7 P.M. MONDAY - THURSDAY

FAMILY FITNESS OPPORTUNITIES FOR IWC MEMBERS

GYM & POOLS

Parents should accompany their children age 8 or younger when using the gym or pool. Once a child turns 9, they can use the gym on their own, and if they pass the swim test, may swim in the competition pool without adult supervision.

GROUP EXERCISE CLASSES

Children ages 9-13 can attend exercise classes with a parent/caretaker.

RAQUETBALL COURT

Play a game of raquetball with your child age 9 & up.

UPSTAIRS

Kids age 8 & under can join parents on the **walking track**, but should not accompany you into the other areas on this floor.

Ages 9-13 workout on the **cardio equipment, free weights and weight machines** when accompanied by a parent/caretaker. They do not need to be accompanied by a parent when using the **walking track**.

Ages 14 & up have full access to all the programs, equipment and venues in the Wellness Campus.

STRENGTH TRAINING CLASSES

These four-week classes are open to both members and non-members for an additional fee.

Sessions are available on Tuesdays and Thursdays, and participants may register for one or both nights. Each session meets once a week for 45 minutes.

YOUTH STRENGTH TRAINING

This class is designed for beginners ages 9-13 who want to start a strength training program. With guidance from a certified personal trainer, participants will learn proper form and technique to reduce the risk of injury. The class will use FreeMotion weight machines and select free weights.

TEEN STRENGTH TRAINING

This class is designed for teens who want to build strength and improve athletic performance. With guidance from a certified personal trainer, participants will develop physical power, confidence, and lifelong healthy habits. The program focuses on enhancing strength, endurance, and coordination.

**Learn More/Register
for Strength Training**



At Indianola Wellness Campus, we believe in building a healthier community, one swimmer at a time.

Our youth swimming lessons are led by certified Red Cross Water Safety Instructors and follow the American Red Cross curriculum. With our small class sizes, each child receives personal attention to develop skills and confidence.

Drowning is the leading cause of death for children ages 1-4 and the second for ages 5-14. Early access to swim instruction can save lives, and we're here to help make that happen in a warm, supportive environment.



You need not be a member to participate in swim lessons at IWC! Sessions are held monthly throughout the school year.



PRIVATE SWIM LESSONS AVAILABLE FOR CHILDREN - ADULTS.

Six 30-minute lessons that fit your busy schedule

\$120 member rate
\$175 nonmember rate



Get Started



INDIANOLA WELLNESS CAMPUS

RED CROSS SWIM LESSONS

Class	Dates	Days	Time	Age	Member Fee	Non-Member Fee
Parent & Child Level 1	Sept. 8 - 24	Mon/Wed	5:15-5:45 p.m.	6-18 months	\$30.00	\$67.50
Parent & Child Level 2	Sept. 9 - 25	Tues/Thurs	5:15-5:45 p.m.	18 mo.- 3 years	\$30.00	\$67.50
Preschool Level 1	Sept. 8 - 24	Mon/Wed	6-6:30 p.m.	3-5 years	\$67.50	\$135
Preschool Level 2	Sept. 8 - 24	Mon/Wed	6:45-7:15 p.m.	3-5 years	\$67.50	\$135
Preschool Level 3	Sept. 9 - 25	Tues/Thurs	6-6:30 p.m.	3-5 years	\$67.50	\$135
Learn to Swim Level 1	Sept. 8 - 24	Mon/Wed	6-6:30 p.m.	5-12 years	\$67.50	\$135
Learn to Swim Level 2	Sept. 9 - 25	Tues/Thurs	6:45-7:15 p.m.	5-12 years	\$67.50	\$135
Learn to Swim Level 3A	Sept. 9 - 25	Tues/Thurs	6:45-7:15 p.m.	5-12 years	\$67.50	\$135
Learn to Swim Level 3B	Sept. 8 - 24	Mon/Wed	6:45-7:30 p.m.	5-12 years	\$101.25	\$202.50
Learn to Swim Level 4	Sept. 8 - 24	Mon/Wed	6:45-7:30 p.m.	5-12 years	\$101.25	\$202.50



**REGISTRATION CLOSING ONE WEEK PRIOR TO FIRST DAY OF CLASS.
MONTHLY SESSIONS OFFERED
SEPTEMBER - APRIL.**



indianola wellness campus indianolaiowa.gov/iwc 515.961.9408

Register online at www.tinyurl.com/IWCswimLessons

Hold Your Birthday Party at the Campus!

Celebrate your special day with a two-hour private rental of our Community Room and exclusive access to the Recreational Pool!

Rental Details:

- **Duration:** 2 hours of private use
- **Spaces Included:** Community Room and Recreational Pool
- **Maximum Pool Occupancy:** 30 participants in the pool at one time
- **Youth Supervision:** Children under the age of 9 must be accompanied by an adult in the water
- **Adult to Youth Ratio:** at least 1 adult per 4 youth
- **Cost:** \$240.75 Members
\$321.00 Non-Members

Reservation Requirements:

- Reservations and full payment must be received no later than 30 days prior to your rental date.
- Rental includes 30 minutes of setup time prior to your scheduled start time.
- Renters are responsible for cleaning up the Community Room at the end of the event.

We look forward to helping you make your birthday celebration fun, safe, and memorable!

For additional questions, please reach out to Casey at cgarcia@indianolaiowa.gov

Available these Sundays, from 3-5 p.m.

- Sept. 14
- Oct. 12 & 26
- Nov. 9 & 23
- Dec. 14 & 28

>> Reservations open Wednesday, July 16. <<

Call (515) 961-9408, or reserve online at <https://tinyurl.com/IWCPoolParties>

Reserve Here
beginning 7.16.2025



Group EXERCISE



CARDIO CLASSES

Group Cycling

Get ready to sweat! This class offers a combination of strength and endurance training through hill climbs, sprints and athletic drills. New participants should arrive five minutes early to get properly fitted on the bike. Bring a water bottle.

HEAT (High Energy Aerobic Training)

If you like cardio conditioning along with a great strength workout you will love HEAT! This is a hardcore training-inspired class with a sport warm-up followed by plyometrics, body strength exercises and running.

Total Cardio

A class for all ability levels. Class includes athletic drills, interval and circuit training all rolled into one. A great addition to anyone's cross-training routine.

Zumba®

A fun, high energy aerobics workout for all fitness levels. You learn by watching Latin inspired moves and feeling the beat of an eclectic array of music.

Zumba Gold®

Less intense, with slower movements and lower impact.

STRENGTH CLASSES

Body Pump®

BODYPUMP® challenges all major muscle groups while you squat, press, lift and curl to chart-topping music!

Express classes are 45 minutes in length and focus on eight Pump tracks; the 60-minute includes 10 tracks.

CARDIO & STRENGTH CLASSES

AOA

This program is designed for active older adults to effectively learn how to use a variety of fitness formats that help to build strength, cardiovascular fitness, balance and flexibility but most of all have fun. You don't have to be an active older adult to take this class!

AOA Agile

This class is designed to help improve your movement as you age. This class will focus on cardio exercise, strengthening weaker muscles and agility movements to help you stay agile as you age.

Cardio Core

A class for all ability levels! This class includes cardio and strength intervals with an extra emphasis on Core work to maximize your mid-section!

SOULstrength

A creative blend of rhythmic resistance, cardio conditioning, manageable mobility and core strength exercises all set to crazy FUN music. SOULstrength is the total package. Let's HIIT the beat with a SOUL lifting strength class designed to bring all forces of FUN together!

MEMBER FEEDBACK

Swimming has always been both a physical and mental fitness need for me. I swim 3-4 days per week. I've recently added in Body Pump for strength and flexibility and I really enjoy how supportive the instructors are.

[View Schedules](#)

Group EXERCISE



MIND & BODY CLASSES

BARRE/BARRE SCUPLT

An invigorating complete body workout fusing yoga, ballet and Pilates to create a strong core and sculpted lean muscles.

BODY FUSION®

This is a perfect mix of Yoga, Tai Chi and Pilates created to build functional strength and improve flexibility. Participants will strengthen their entire body and leave the class feeling calm and centered. This will be a Les Mills VIRTUAL Class.

BREATHE AND FLOW YOGA

Breath and movement combine to create harmony and help you find a yoga practice that is both energizing and relaxing. Utilizing foundational yoga poses with options to add or reduce intensity.

CHAIR YOGA

Gentle practice of uniting the mind, body and spirit through poses and breath awareness to improve concentration, overall health and peace.

CHAIR STRETCH & STRENGTH

The majority of this class uses a chair to help guide you through strength movements using light weights and equipment while also providing a great stretch.

GENTLE YOGA

This class will move at a slower, gentler pace than other yoga classes while utilizing restorative poses. You will leave feeling relaxed and blissfully chilled.

TAI CHI

An ancient form of “soft” martial arts which is now practiced for benefits including increased strength, range of motion, the reduction of pain, better balance, posture and relaxation. It is appropriate for all ages and fitness levels.

YOGA ESSENTIALS

Yoga Essentials welcomes all levels! This class provides a solid foundation for movement-based yoga. This includes basic poses, fundamentals of alignment and yogic breathing. This class will lead you towards balancing mind, body and spirit.

MEMBER FEEDBACK

Currently my AOA instructors and my “Gentle Yoga” have made a meaningful impact on me. Kim, Tracie, Sharon and Jan all bring different strengths to their classes. It shows they care about the participants when stopping to demonstrate the correct way to do an exercise or move among us to reposition a pose. Laughter and fun makes it a great atmosphere to be. I have met so many wonderful people and feel I have made a positive impact on their lives.

[View Schedules](#)

Water EXERCISE



Aqua Bootcamp

Stepping up the cardio, this is a HIGH intensity water fitness class that provides the benefits of a pool. Little impact on joints, increases lung capacity and provides the benefits of weight and resistance training.

Aqua Dance & Sculpt

Dance your heart out while sculpting those muscles at the same time, without all the impact!

Aqua Zumba

Get ready to dance.....IN THE WATER! This is a Latin-inspired fitness class. Zumba uses specific Latin moves to give you the ultimate dance workout. It is easy to follow and excellent for any fitness level.

Balance & Movement

Stay fit with the benefits of exercise in the water. This class is great for staying active and flexible without the impact. Join the fun and the fellowship.

Deep Water

A deep water exercise is ideal for aerobic and muscle condition without the impact. Water belts and floatation devices such as noodles and barbells are used to provide a great workout.

Splash

Try this well-rounded low to moderate intensity class and meet some new friends! This class has everything you need, aerobic conditioning, resistance training, flexibility and balance.

Water Intervals EXPRESS

This class will have Water Walking, Running and More! Cardio Intervals in this 30 min EXPRESS class!

Water Sculpt

Body sculpting comes to the water! This class will concentrate on toning and strengthening both upper and lower body by using a variety of equipment to maximize the resistance.

Member Feedback

Starting a regular routine of attending aquatic classes in 2020 was a positive of the pandemic. At first, we waited in line (distanced, of course!) in the entry area until staff opened the pool.

We began to talk, exchange names and learn a little about each other. Classes began in the rec pool, then moved to the competition pool with full locker room access. Soon, we started having coffee after class, which led to coffee in town, then weekly breakfast at The Bistro at Assembly of God Church, and monthly lunches at different spots.

Now, I have a wonderful group of friends I wouldn't have met if not for Covid! We have a group text, and if you're going to miss class, you'd better check in or we'll come looking for you! These are people I know I can count on.

[View Schedules](#)



EXPERIENCE LES MILLS™ VIRTUAL

AN INDIANOLA WELLNESS CAMPUS MEMBERSHIP INCLUDES SCIENTIFICALLY-BACKED VIRTUAL EXERCISE CLASSES — AVAILABLE BY RESERVATION FOR SOLO OR GROUP WORKOUTS.



LES MILLS™ Virtual workouts deliver top fitness programs with high-energy music and world-class instructors to inspire and deliver real results.

Member Feedback

With the cart, I can come to the gym during my lunch hour and, depending on how much time I have, get in a 15-, 30-, 45- or 60-minute workout.

LES MILLS VIRTUAL MENU

	Cardio Program Sports inspired Time: 30, 45 & 55-min		HIIT Program High intensity agility Time: 30-m in
	Strength & Flexibility Program Yoga based Time: 30, 45 & 55-min		HIIT Program High intensity cardio Time: 30-m in
	Cardio Program Martial Arts inspired Time: 30, 45 & 55-min		HIIT Program High intensity strength Time: 30-m in
	Strength Program Total body using barbell & weights Time: 30, 45 & 55-min		HIIT Program High intensity cycling Time: 30-m in
	Cardio Program Dance inspired Time: 30 & 45 min		Cardio Program Indoor Cycling Time: 30, 45 & 55-min
	Core Program Functional strength based Time: 30 & 45-min		Dance Program Dance inspired Time: 30 & 45-min
	Youth Program For ages 4-16 Time: 10-45-min		Cardio Program Indoor Cycling Time: 45-min

AGE GUIDELINES

Most workouts are suitable for ages 9 & up. For younger children, specialized programs are available for ages 4-5, 6-7, and 8-12

NOT A MEMBER YET?

Purchase a Day Pass or Weekly Pass to enjoy access to all of the amenities and classes at our facility, including Les Mills™!

CYCLING WORKOUTS

are available with advance notice. Contact Group Ex Coordinator Kim Ubben at kubben@Indianolaiowa.gov.

**LEARN
MORE**

**CLICK TO
RESERVE**

OR CALL (515) 961-9408



WELLNESS STARTS HERE

MEMBER RATES

Adult

(19-64)

MONTHLY FEE

\$61 + tax

2 Adults

(2 adults residing in same household)

\$83.50 + tax

Family/Senior Family

(1 or 2 adults residing in the same household and dependent children under age 23. You may be asked to provide proof of dependency upon joining.)

\$92 + tax

Senior

(65+)

\$49 + tax

2 Senior Adults

(2 adults residing in same household. One adult 65+.)

\$67 + tax

Youth

(9-18)

\$20 + tax

Joiner's Fee

(Non-refundable payment upon joining.)

\$40 + tax

Capital Improvement Fee

(Monthly fee added to each membership to support facility and equipment upgrades.)

\$1 + tax

- No long-term contract required. You may cancel your membership online, on the app or in person with at least 5 days notice and if your account does not have a balance.
- Quarterly, semi annual and annual membership options available; ask at the front desk.
- Option to put your membership on hold for up to 4 months once per year.
- Optional monthly locker rental - \$5 + tax

Credit Card Fee (per payment)

When paying membership by credit/debit card. Switch to ACH bank draft to avoid the fee.

\$3 + tax

Non-Member Day Passes

Youth \$ 5.00+ tax

Adult \$10.00+ tax

Family \$30.00 + tax
(2 adults and 2 or more children living in the same household)

Learn & Play Center

Child Care Fee \$5.00 + tax
(Children 6 weeks-9 years old)

Non-Member Weekly Passes

- **Adults age 19+ only**
- \$40+tax
- Use anytime - 7 consecutive days
- Applies to membership joiner fee if you join within 14 days!

Considering the Campus? Hear from a Member!

Do it! NOW. You'll be healthier and happier. The investment is small, but what you get out of it is huge.

Get Started

Rates effective 7/1/2025.